

# History of Aprotinin

## A Naturally Occurring Proteolytic Enzyme Inhibitor

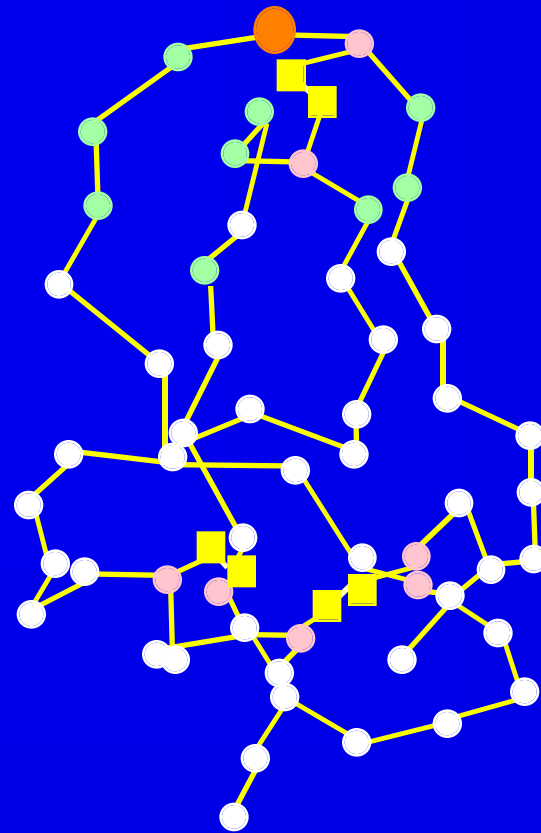
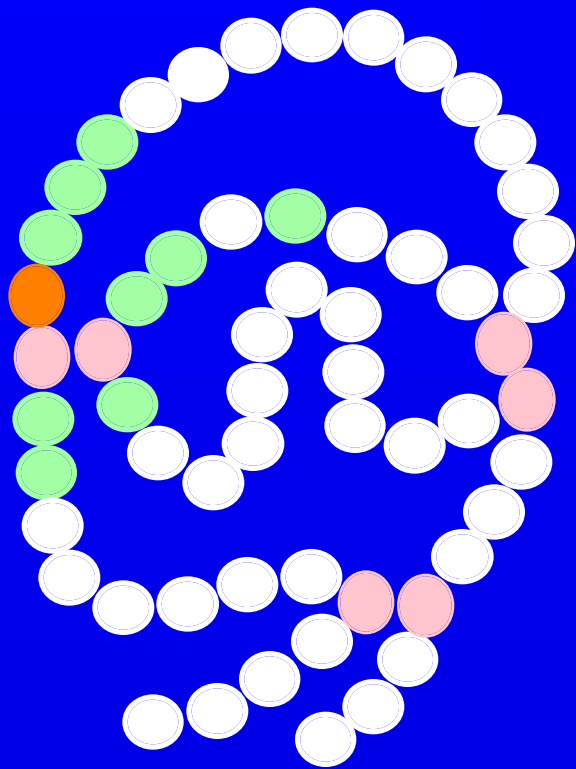
- Discovered independently in the 1930s
  - Kraut et al isolated a kallikrein inhibitor from bovine lung
  - Kunitz and Northrop described a bovine pancreatic trypsin inhibitor
- Launched as Trasylol® in Germany in 1959

# Aprotinin

## A Naturally Occurring Serine Protease Inhibitor

- Consists of 58 amino acid residues
- Single-chain polypeptide: 6512 daltons
- Cross-linked by 3 disulfide bridges
- Reactive bond site is lysine-15-alanine-16
- Forms reversible stoichiometric complexes
- Reacts with serine site of enzyme

# Structure of Aprotinin



# Aprotinin

A Serine Protease Inhibitor

Binds with the human serine proteases:

- Trypsin
- Plasmin
- Plasma kallikrein
- Tissue kallikrein
- Elastase
- Urokinase
- Thrombin

decreasing  
affinity



# Serine Protease Enzyme Systems

## The Potential Inhibitory Role of Aprotinin

- Kallikrein-kininogen-kinin
- Complement
- Coagulation
- Fibrinolysis
- Renin-angiotensin
- Leukocyte elastase

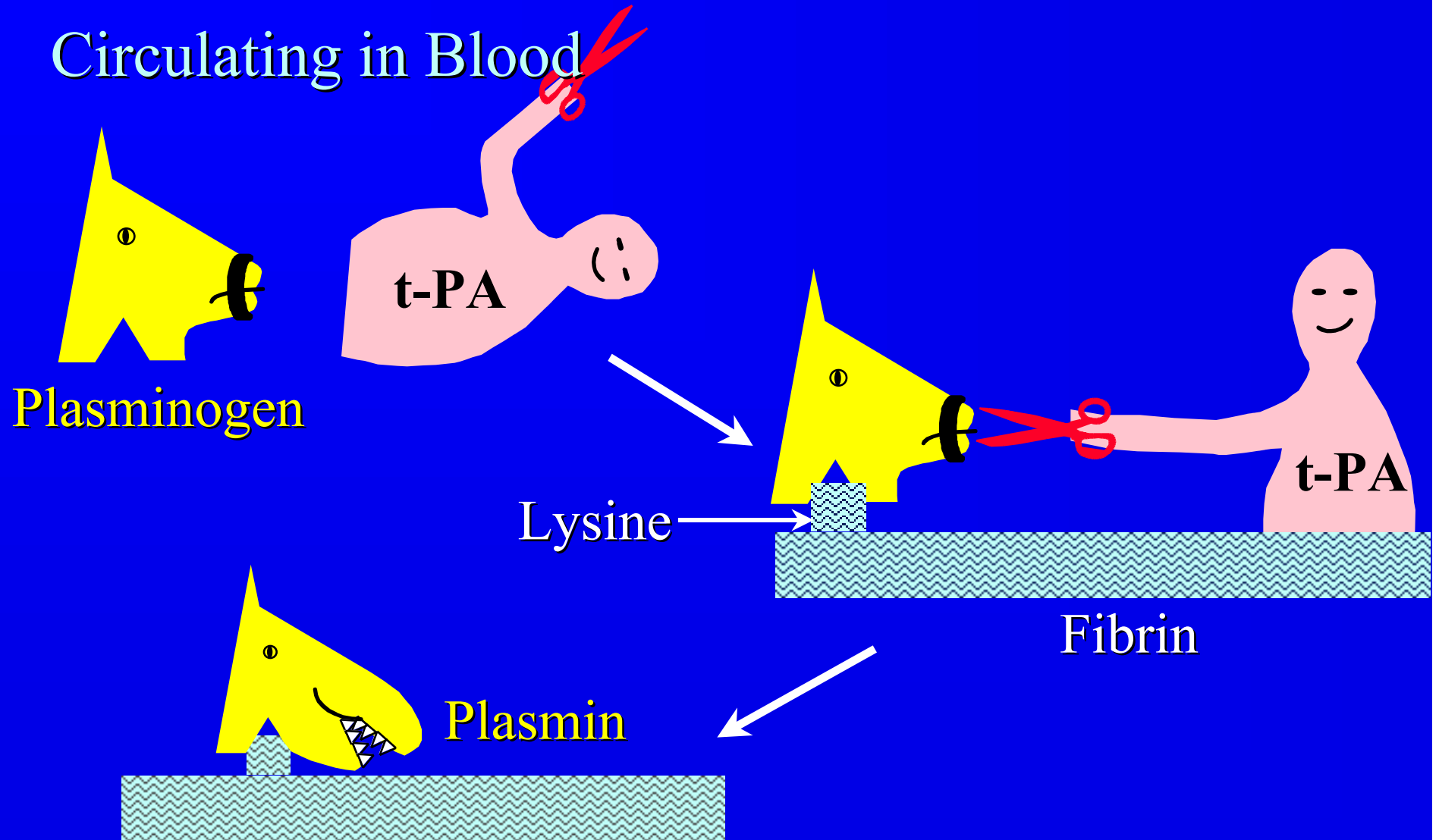
# Aprotinin

## Pharmacokinetic Properties

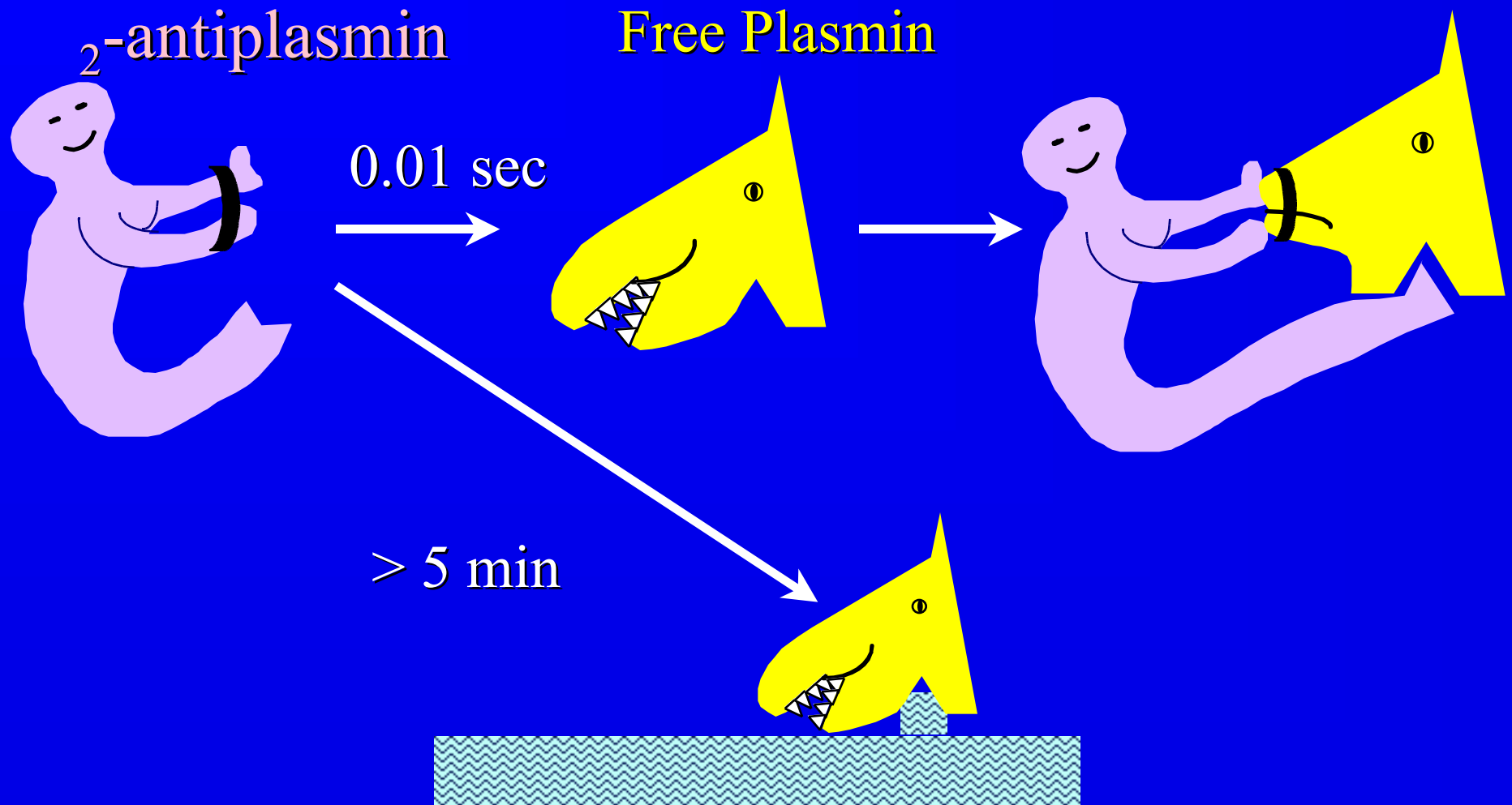
- Inactive via oral route
- Rapid distribution into total extravascular space
- Following redistribution, plasma half-life  $\div$  150 min
- Filtered by glomeruli and reabsorbed by proximal tubules
- Less than 10% excreted as unchanged drug
- Slowly degraded by lysosomal enzymes
- Terminal elimination phase half-life  $\div$  10 h
- Does not cross the blood-brain barrier

# Fibrinolysis

Circulating in Blood



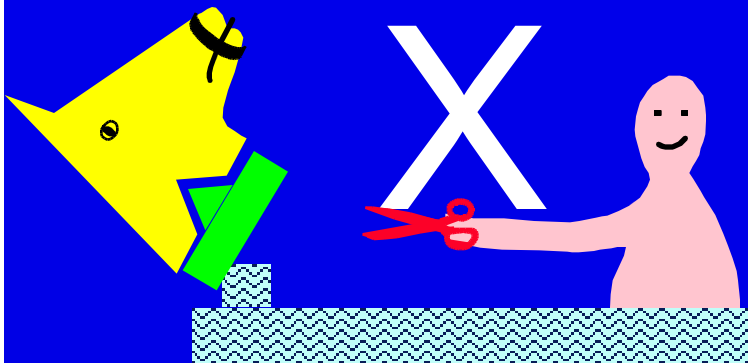
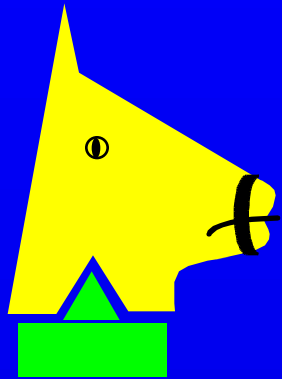
# Role of $\alpha_2$ Plasmin Inhibitor



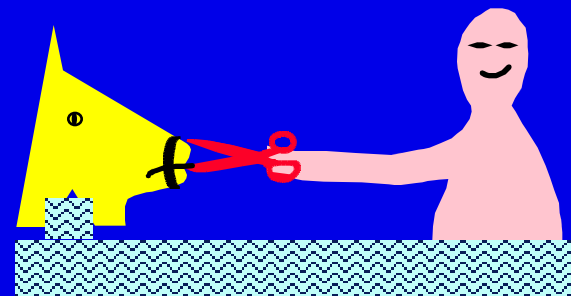
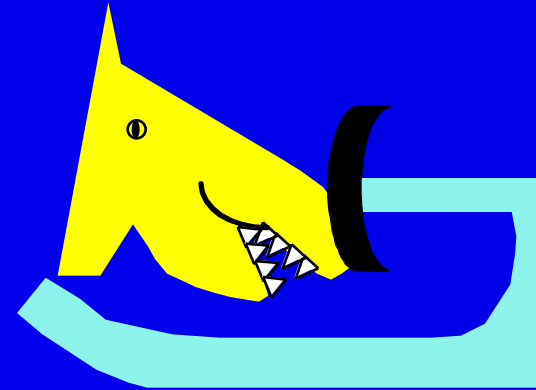


# Pharmacologic Inhibition of Fibrinolysis

Lysine Antifibrinolytics



Serine Protease Inhibitors



# Aprotinin

## Approved Indication

Trasylol® is indicated for prophylactic use to reduce perioperative blood loss and the need for blood transfusion in patients undergoing cardiopulmonary bypass in the course of coronary artery bypass graft (CABG) surgery

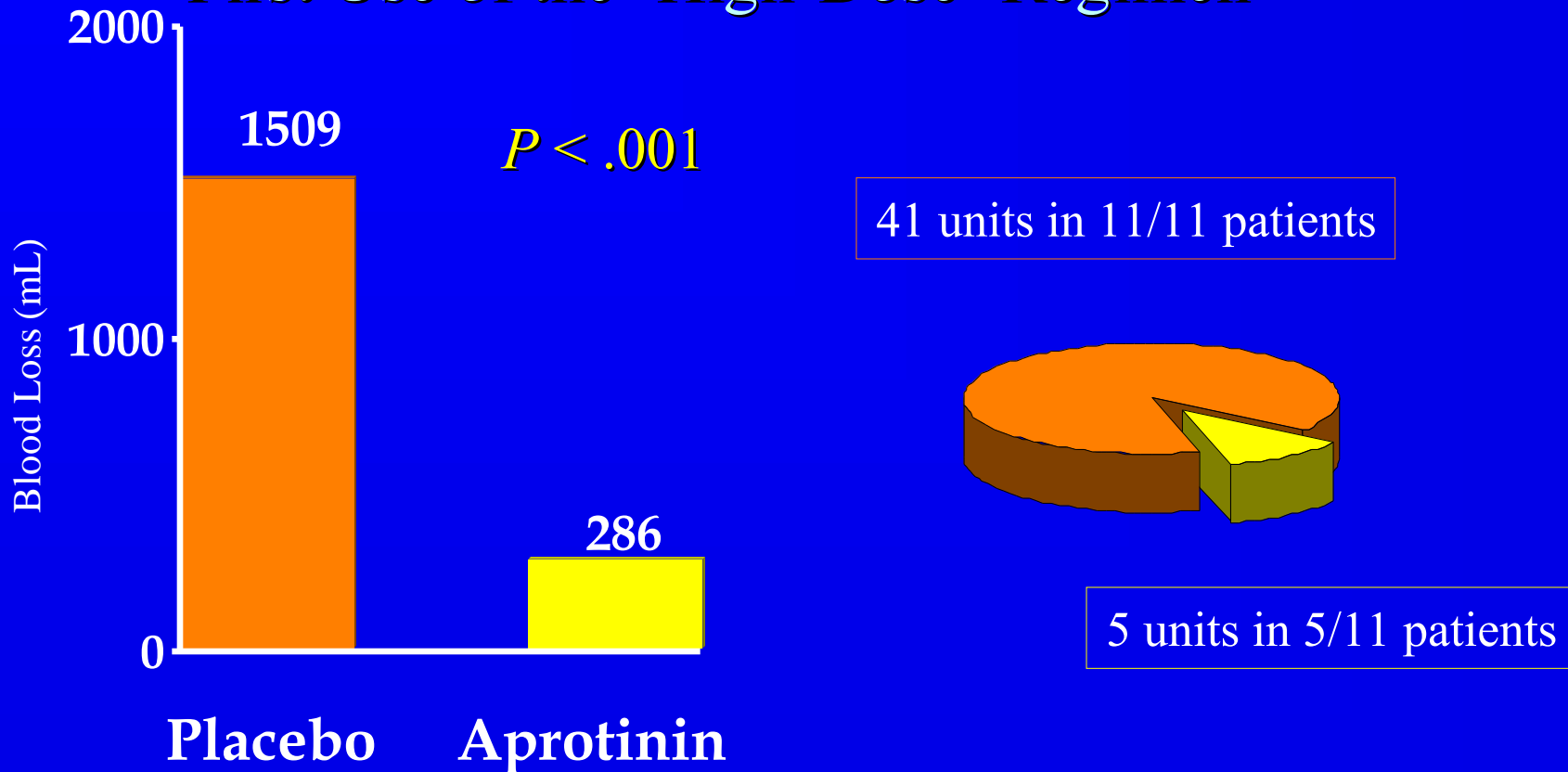
**Please note important boxed warning and other safety information**

# Aprotinin Warning Information

Anaphylactic or anaphylactoid reactions are possible when Trasylo<sup>®</sup> is administered. Hypersensitivity reactions are rare in patients with no prior exposure to aprotinin. The risk of anaphylaxis is increased in patients who are re-exposed to aprotinin-containing products. The benefit of Trasylo<sup>®</sup> to patients undergoing primary CABG surgery should be weighed against the risk of anaphylaxis should a second exposure be required.

# Aprotinin in Repeat Cardiac Surgery

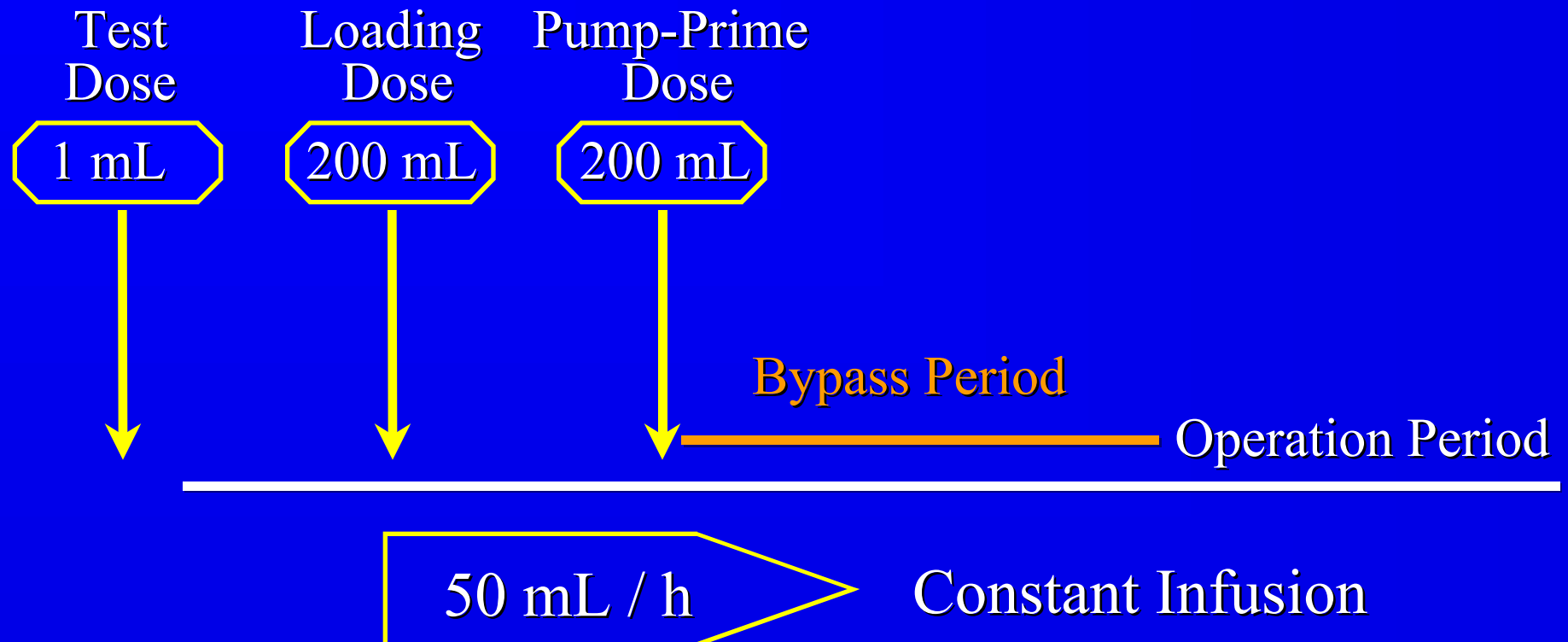
First Use of the 'High-Dose' Regimen



Royston et al Lancet 1987 Dec 5;2:1289-1291

# High-Dose Aprotinin

## Original Administration Regimen



Royston et al Lancet 1987 Dec 5;2:1289-91

# Aprotinin Dosing and Administration

Test  
Dose

Loading  
Dose

Pump-Prime  
Dose

Constant-Infusion  
Dose

---

## Regimen B (Plasmin Inhibiting)

---

1 mL

100 mL

100 mL

25 mL/h

1.4 mg, or  
10,000 KIU  
KIU/h

140 mg, or  
1.0 million KIU

140 mg, or  
1.0 million KIU

35 mg/hr, or  
250,000

# Aprotinin Dosing and Administration

Test  
Dose

Loading  
Dose

Pump-Prime  
Dose

Constant-Infusion  
Dose

---

## Regimen A (Kallikrein Inhibiting)

---

1 mL

200 mL

200 mL

50

mL/h

(1.4 mg, or

(280 mg, or

280 mg, or

(70

mg/h, or

10,000 KIU)

2.0 million KIU)

2.0 million KIU)

500,000

KIU/h)

# Dosing and Aprotinin Administration

## Test Dose

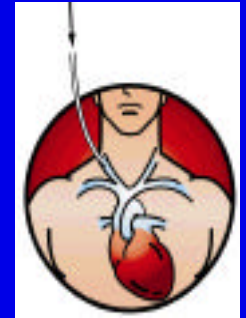
- All patients should first receive a test dose. Administer intravenously at least 10 minutes before loading dose.

## Loading Dose

- After induction of anesthesia but prior to sternotomy, give intravenously to patient in supine position. Administer slowly over 20-30 minutes



# Dosing and Aprotinin Administration



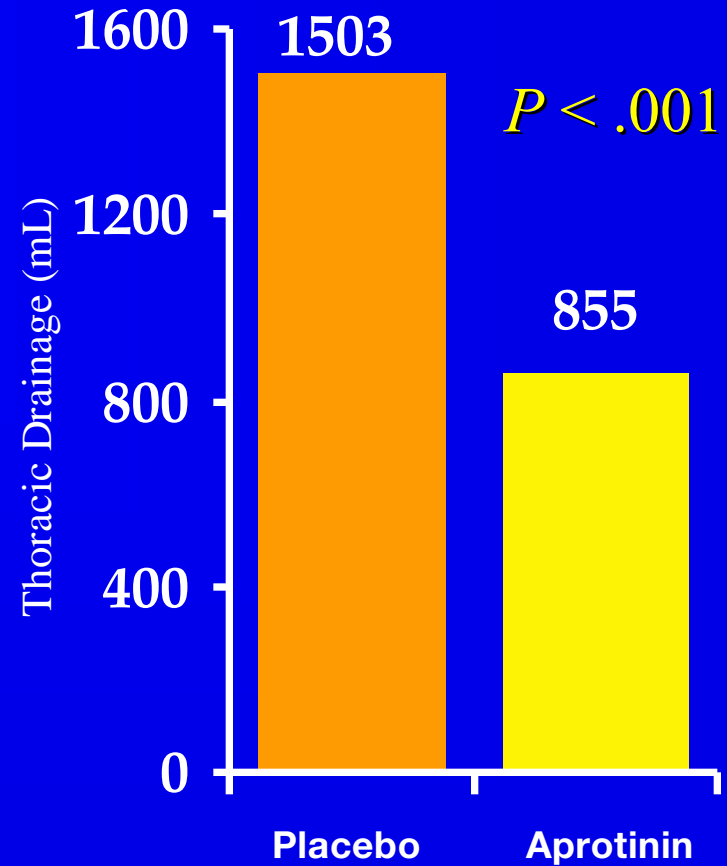
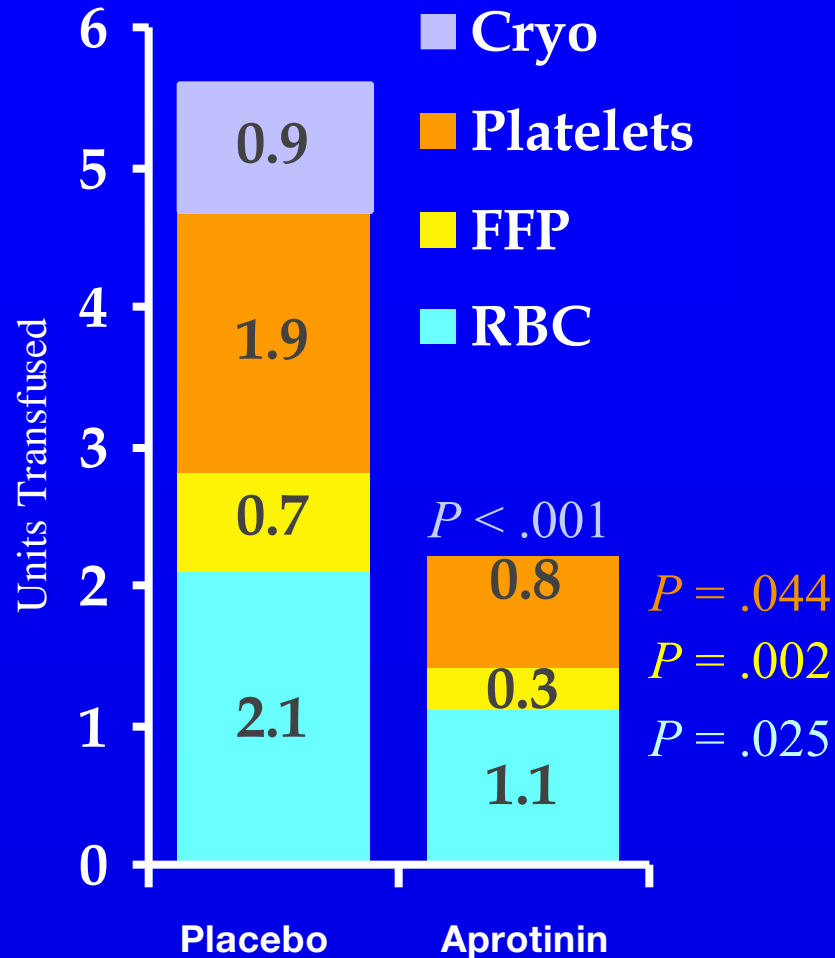
## “Pump-prime” Dose

- Add to priming fluid of cardiopulmonary bypass circuit, by replacement of an aliquot of priming fluid, prior to institution of cardiopulmonary bypass.

## Constant Infusion Dose

- Administer when loading dose is complete.  
Continue until surgery is complete and patient leaves operating room.

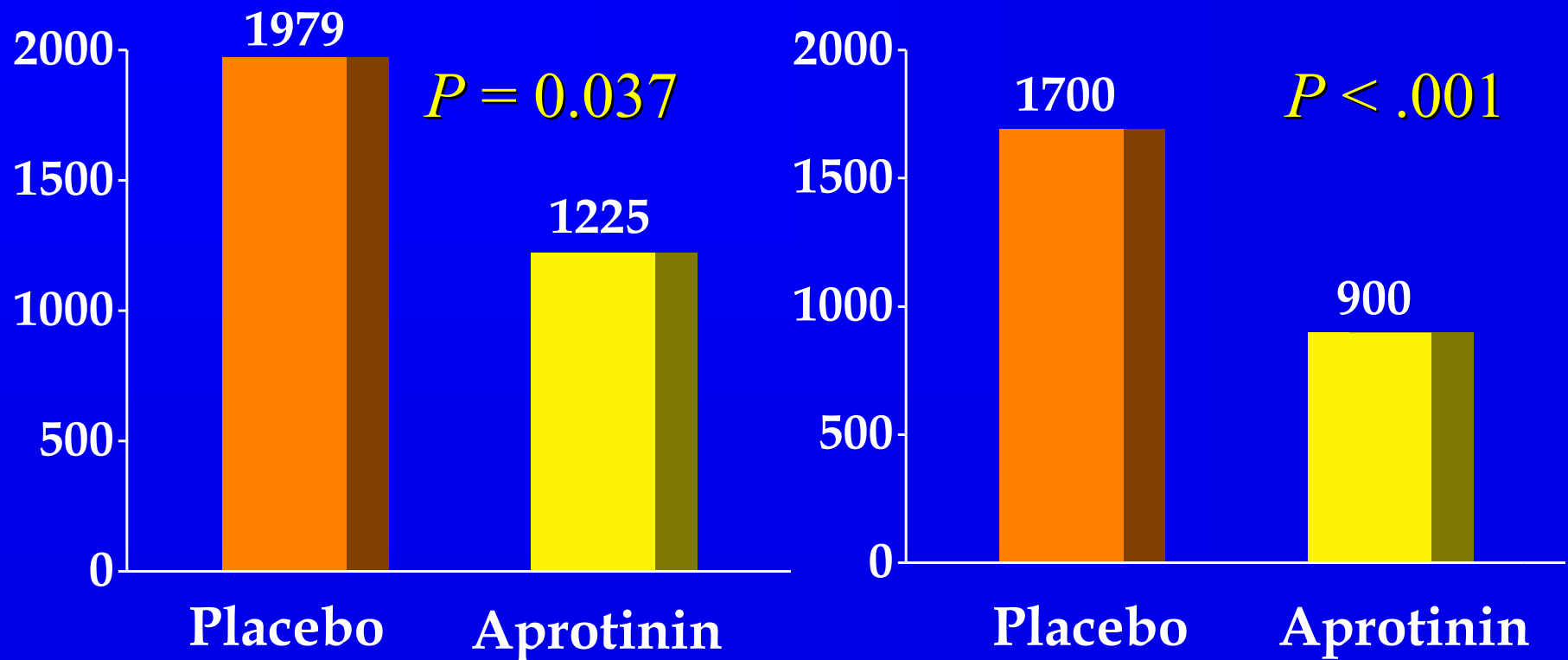
# Aprotinin Use in Primary CABG Operations



Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-553

# Aprotinin Use in CABG Reoperations

Total Thoracic-Drainage Volume (mL)



Lemmer et al

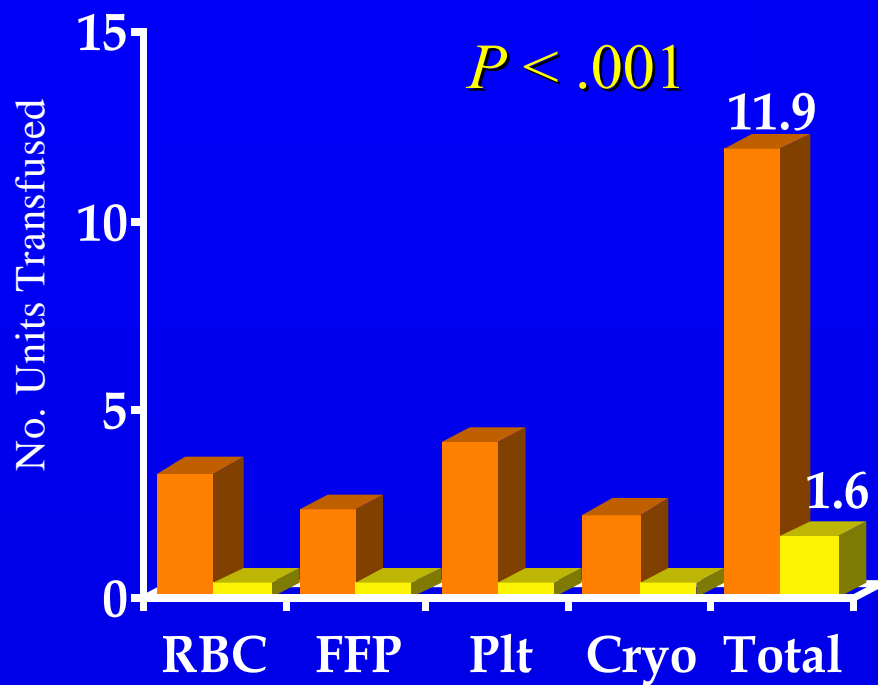
J Thorac Cardiovasc Surg 1994;107:543-53

Levy et al

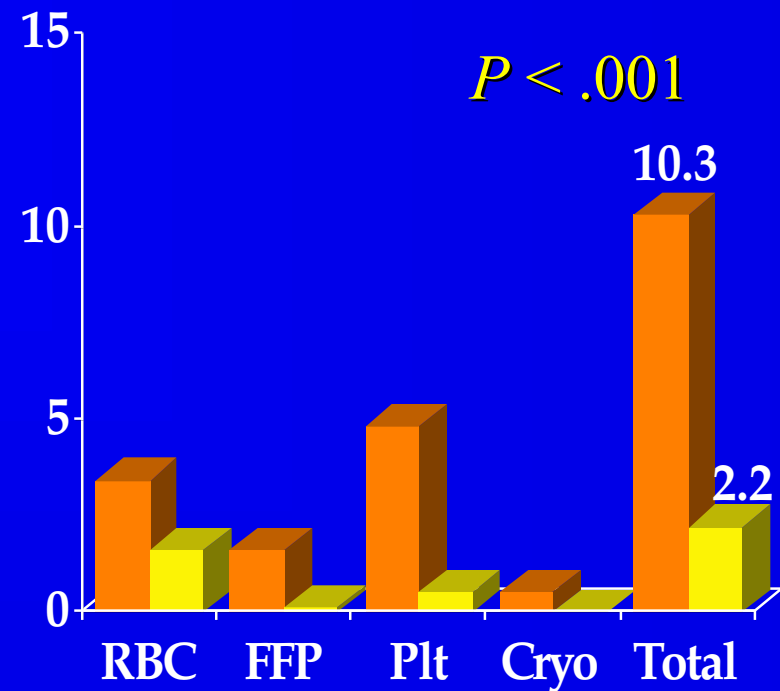
Circulation 1995;92:2236-44

# Aprotinin Use in CABG Reoperations

## Donor-Blood-Product Requirements



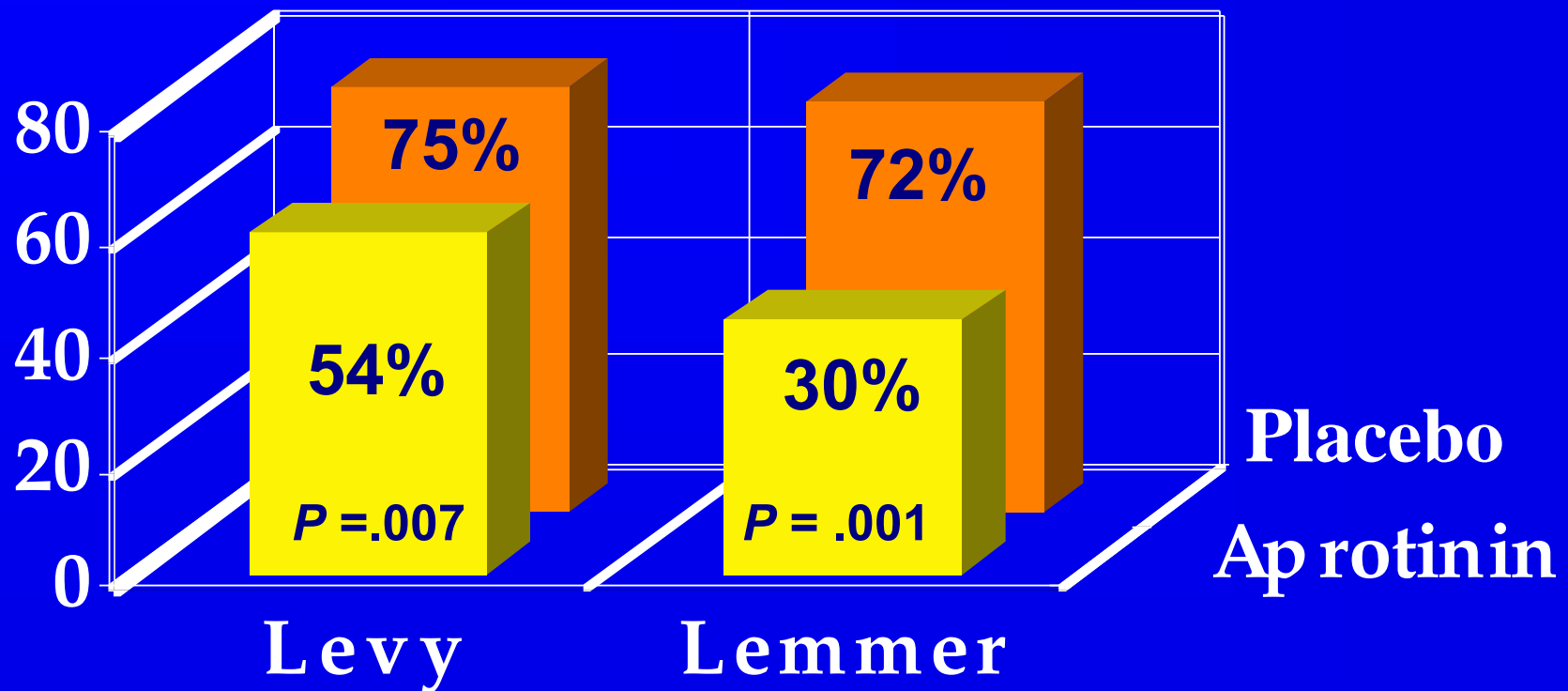
Lemmer et al  
J Thorac Cardiovasc Surg 1994;107:543-53



Levy et al  
Circulation 1995;92:2236-44

# Aprotinin Use in CABG Reoperations

Patients Requiring Donor Red Blood Cells (%)



Levy et al Circulation 1995;92:2236-44

Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-53

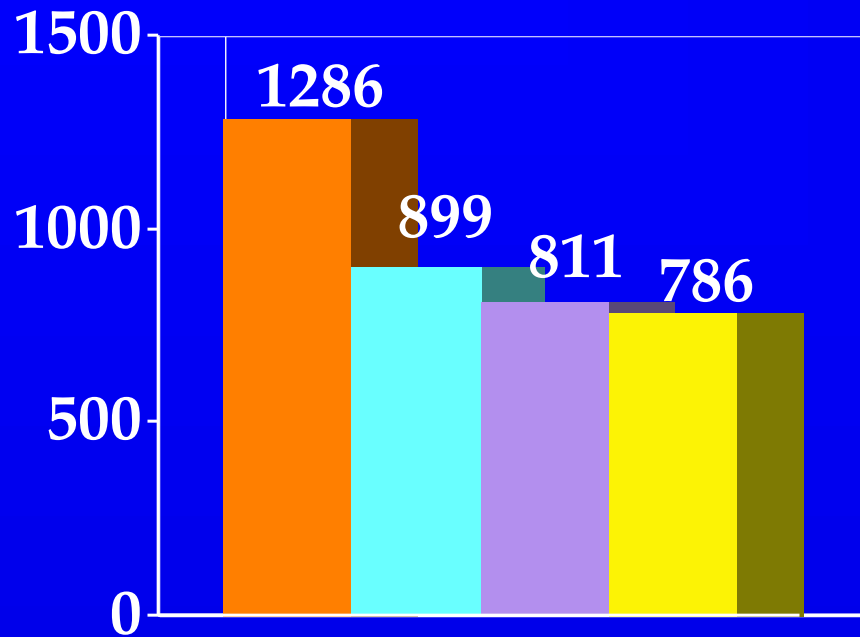
# Results of Differing Dose Regimens

Platelets	Thoracic Drainage (mL)	Units Given RBC
Placebo	1,121±683	4.1±6.2
5.4±14.6		
Half Dose	866±1636	4.8±11.8
3.3±15.4		
Full Dose	720±753	2.1±4.2
1.6±6.3		

Cosgrove et al Ann Thorac Surg 1992;54:1031-38

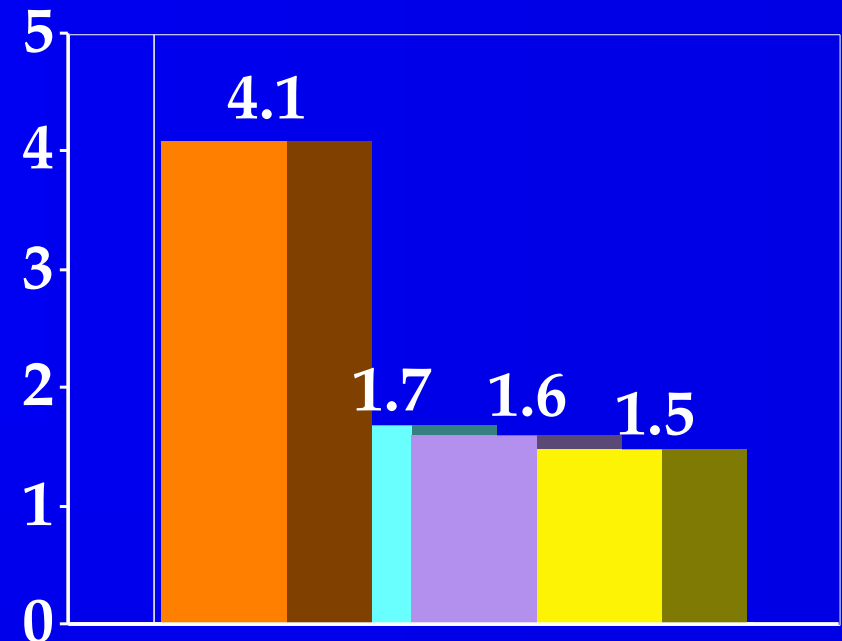
# Comparative Dose Trial in Repeat CABG Surgery

## Thoracic Drainage (mL)



Placebo n = 157    Prime only n = 159

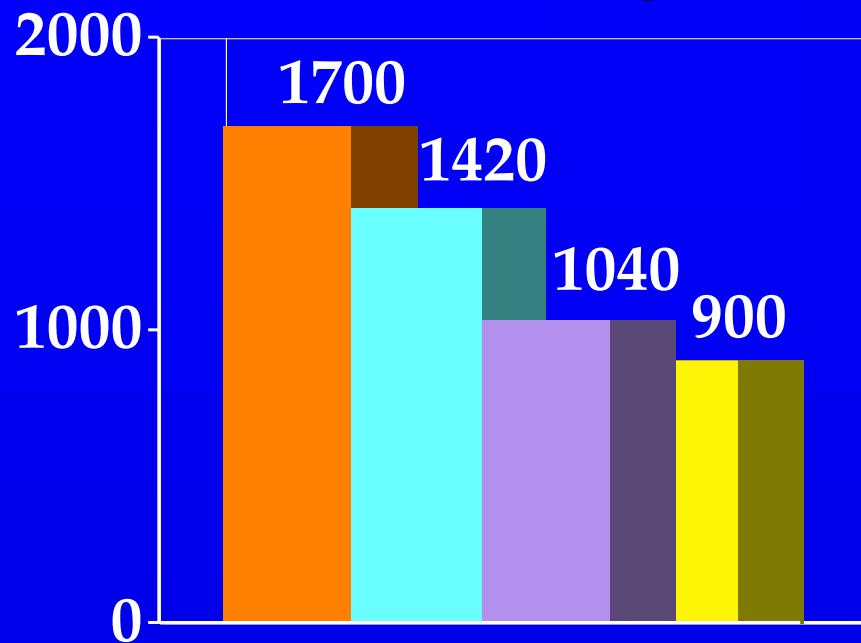
## Total Units Transfused



Low Dose n = 168    High Dose n = 160

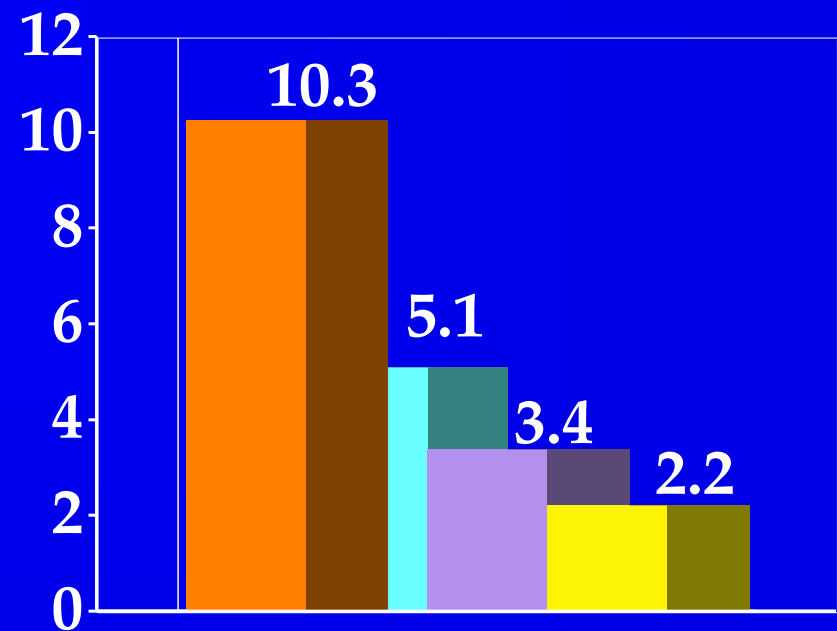
# Comparative Dose Trial in Repeat CABG Surgery

## Thoracic Drainage (mL)



■ Placebo ■ Prime only

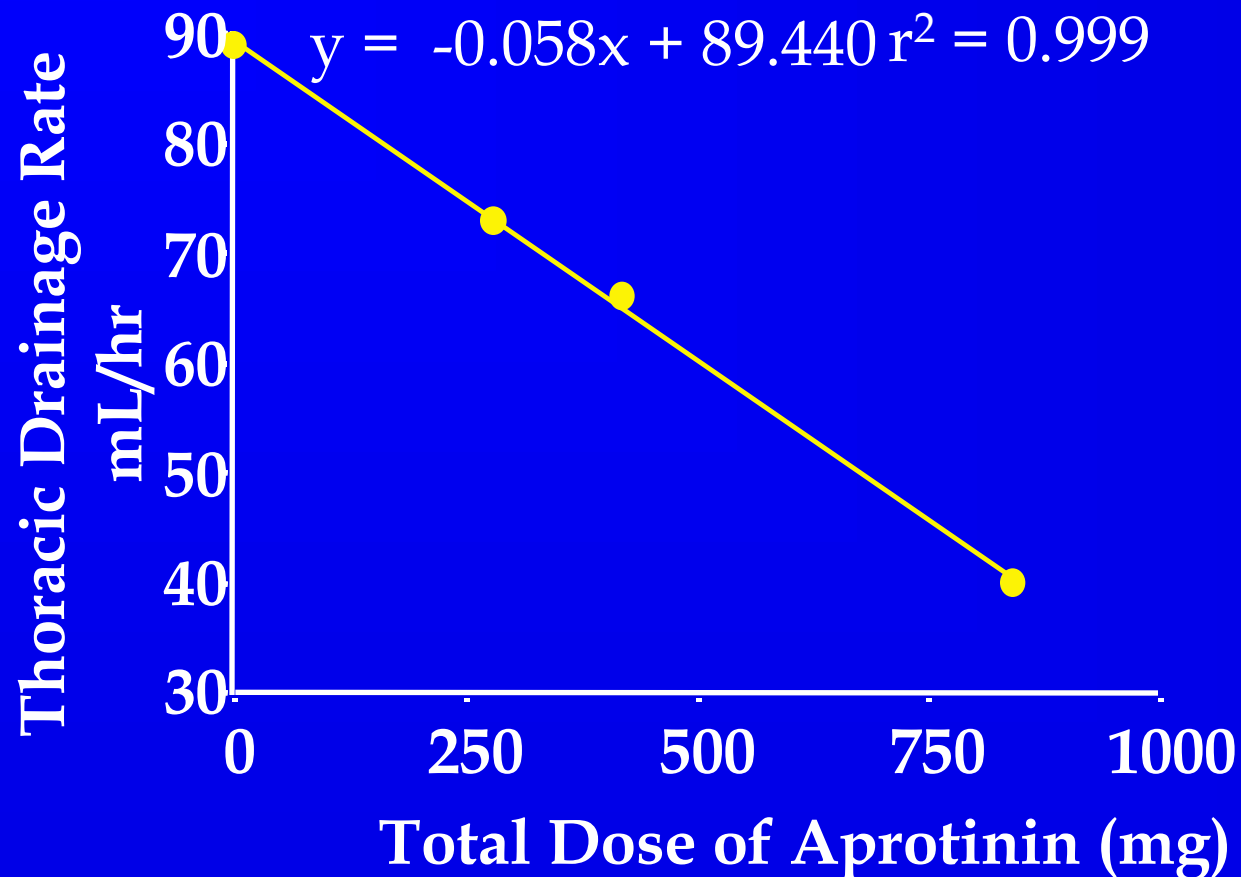
## Total Units Transfused



■ Low Dose ■ High Dose

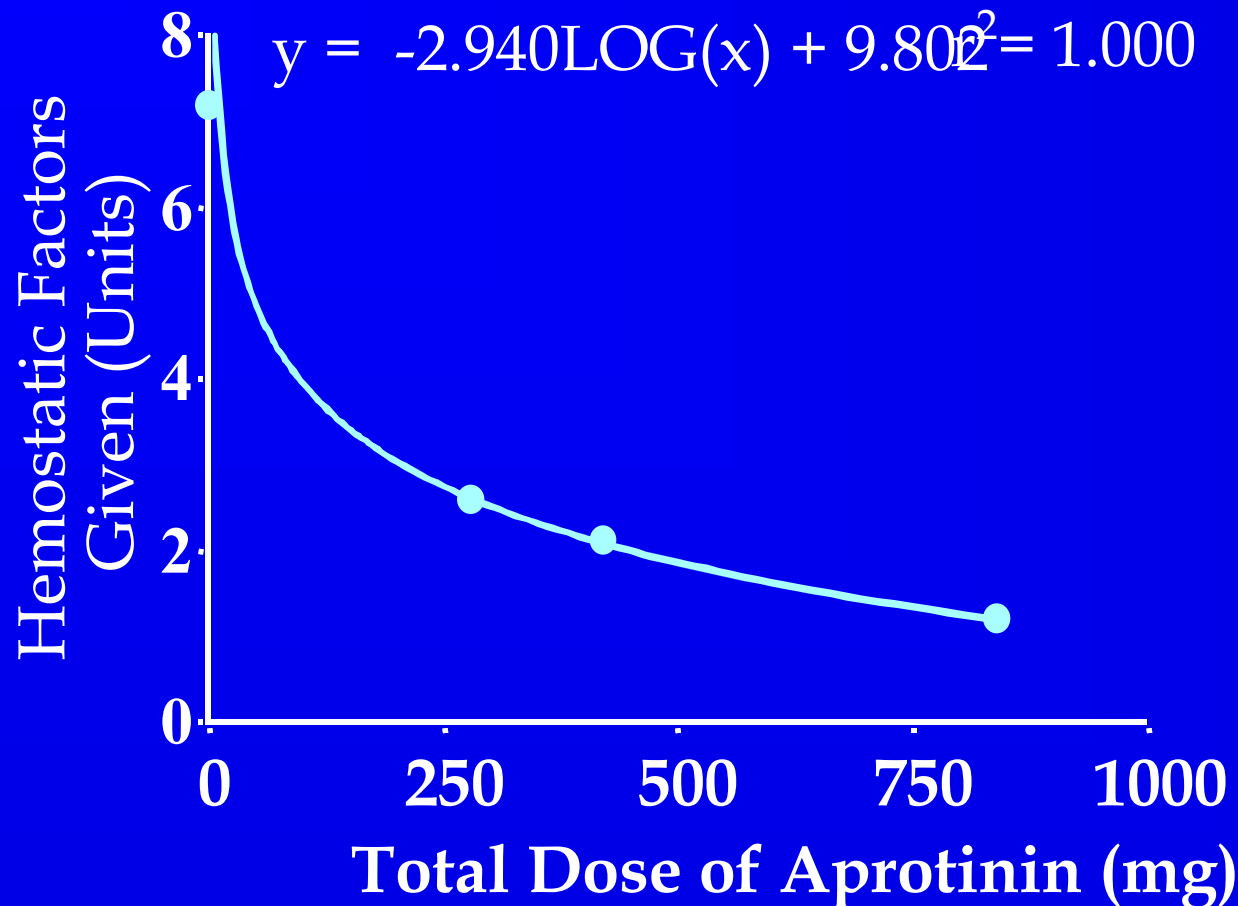


# Aprotinin Dose vs Thoracic Drainage Rate



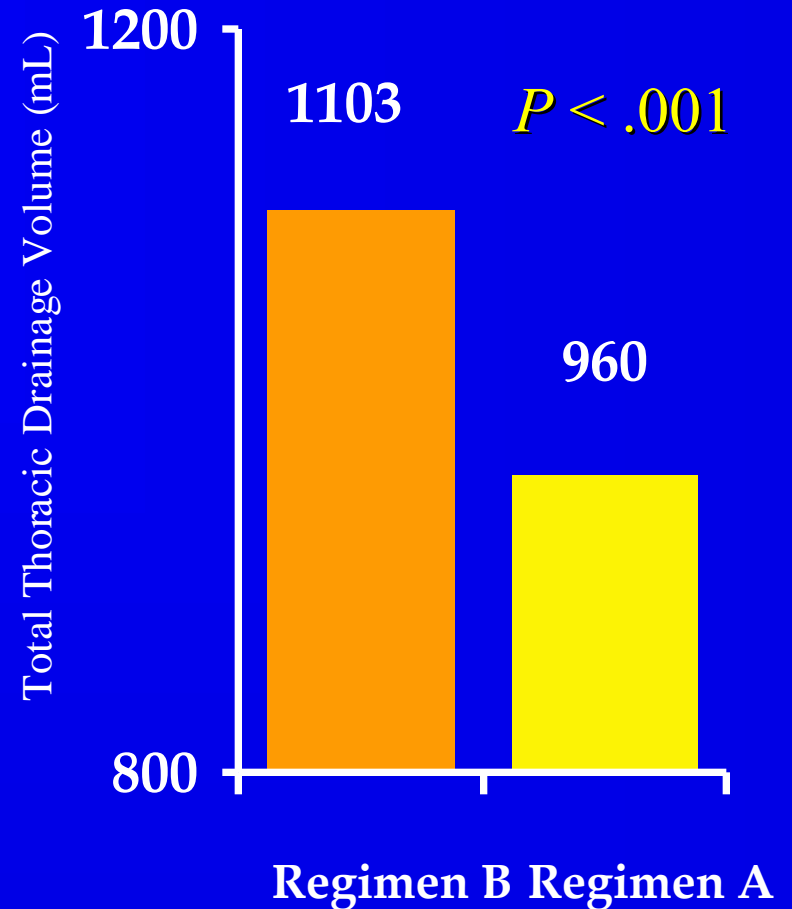
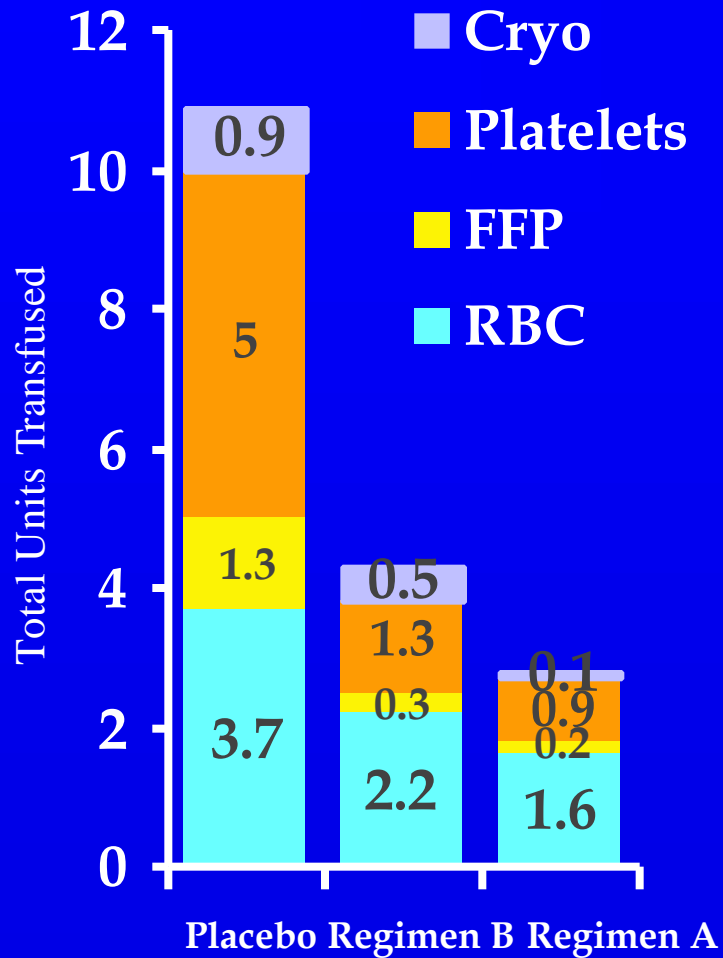
Royston D. In: Machiraju VR, ed. Redo Cardiac Surgery in Adults.  
New York: CME Network, 1998:10-22.

# Aprotinin Dose vs Hemostatic Factors Given

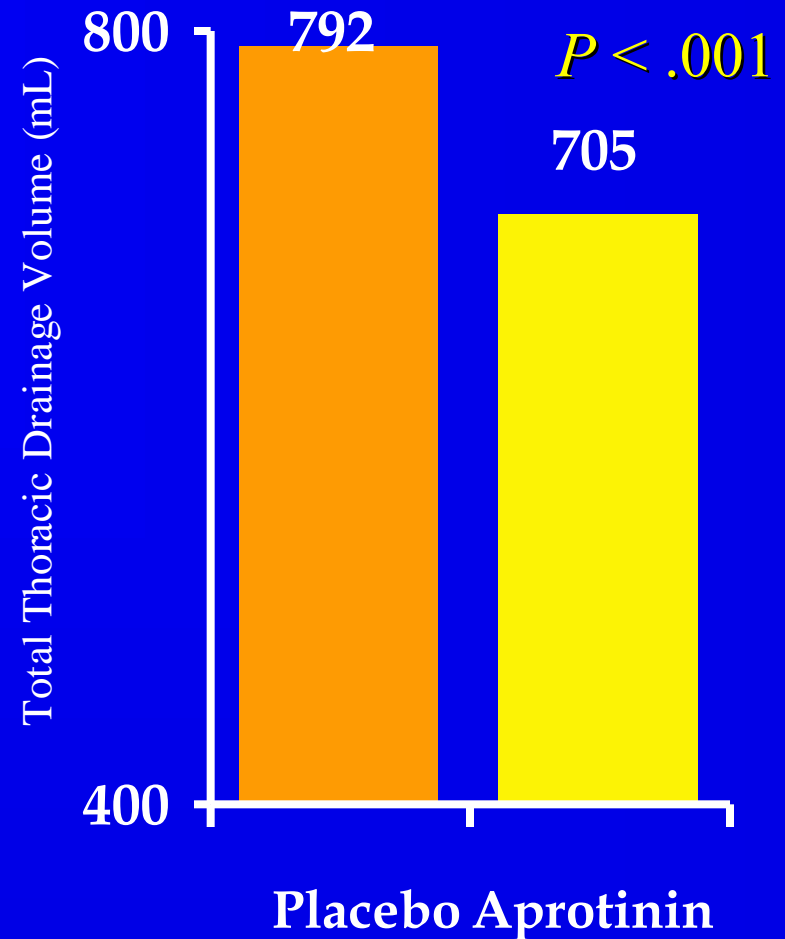
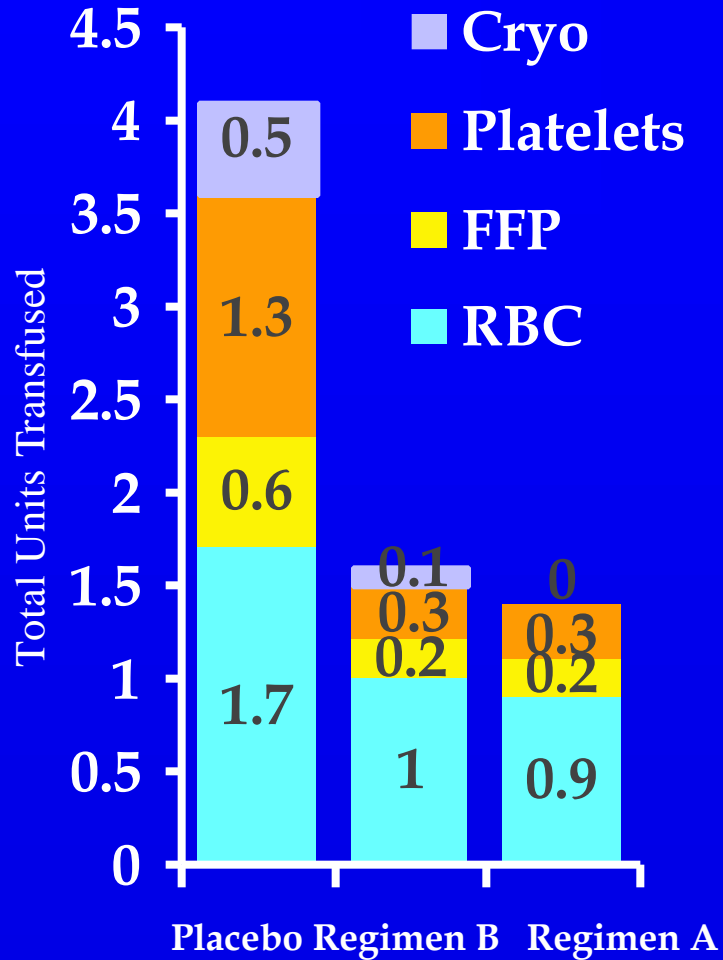


Royston D. In: Machiraju VR, ed. Redo Cardiac Surgery in Adults.  
New York: CME Network, 1998:10-22.

# Aprotinin Use in Repeat CABG Operations



# Aprotinin Use in Primary CABG Operations



# Selected Cost Factors Related to CABG

- Drug
- Monitoring
- Blood products
- Single donor platelets
- Blood product -associated complications
- Operating room times - surgical/anesthetic
- Re-exploration
- Myocardial infarction
- Stroke
- Length of stay - ICU/hospital

# Selected Cost Factors Related to CABG

- Drug
- Monitoring
- Blood products  
(\$60-\$100/unit)
- Single donor platelets  
(\$250-\$500/unit)
- Blood product associated complications
- Operating room times
  - \_ surgical costs (\$5-\$15/min)
  - \_ anesthetic costs
- Re-exploration (\$3,000-\$20,000)
- Myocardial infarction
- Stroke
  - \_ in hospital (\$10,000-\$30,000)
  - \_ out of hospital (\$100,000-\$250,000)
- LOS- ICU/Hospital  
(\$800-\$2,500/day)

# Cardiac Surgery Impairs Hemostasis



## Inhibition of Hemostasis

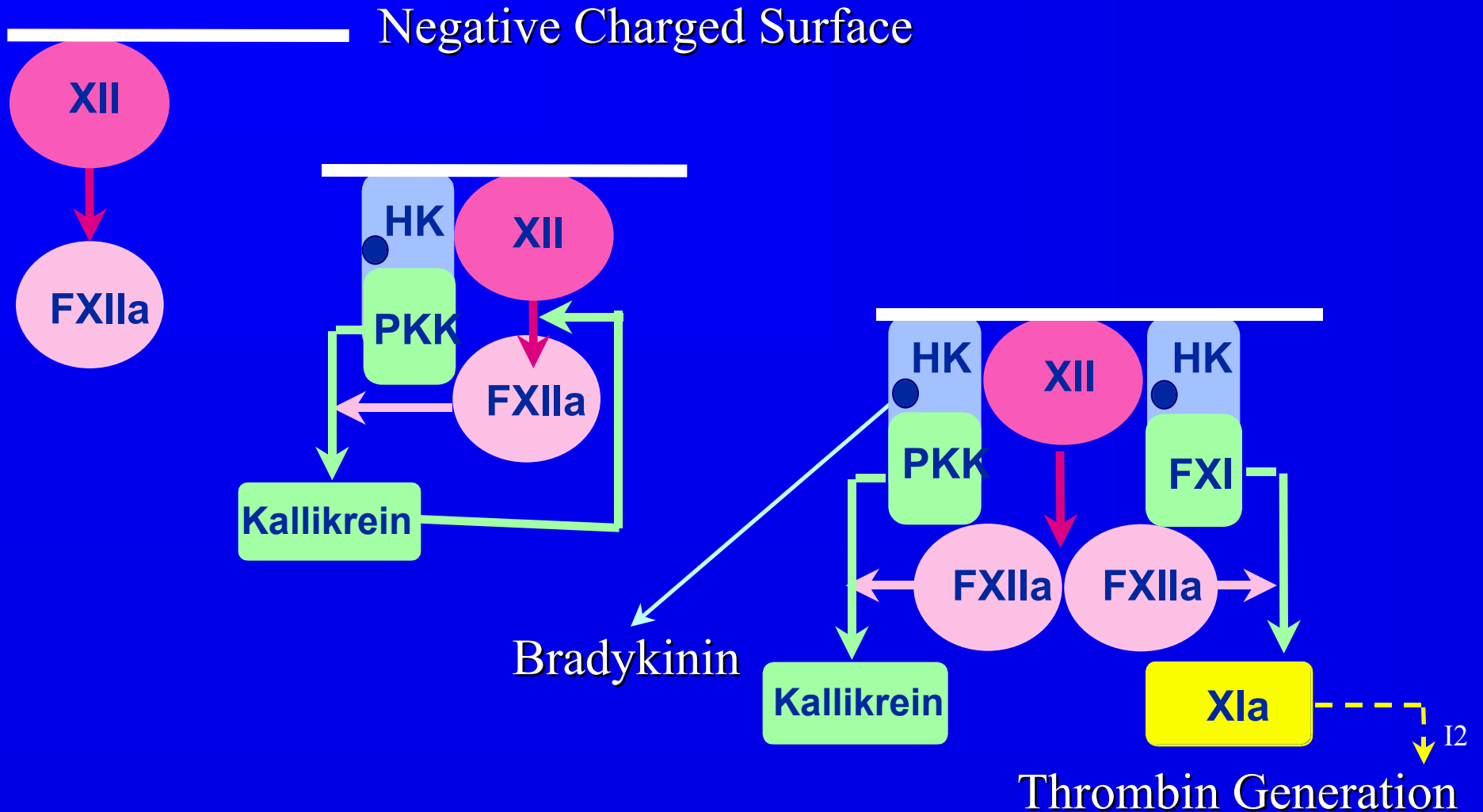
- hypothermia
- hemodilution
- heparin / protamine
- preoperative drug therapies

## Extrinsic Pathway Activation

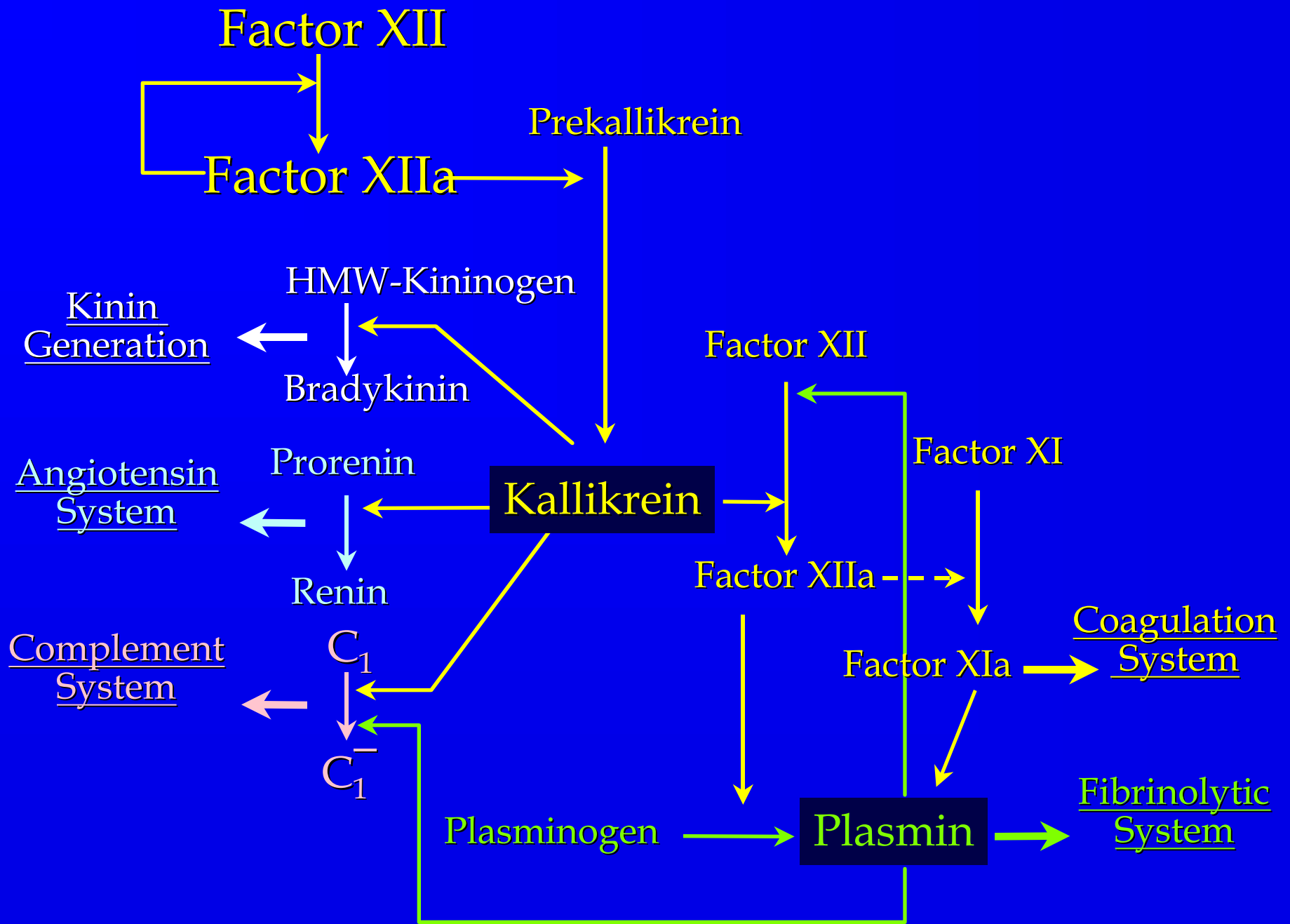
- pericardial shed blood
- reperfusion of heart and lungs
- local thrombin generation

## Contact Activation of Factor XII

# Contact Activation - The Role of Kallikrein

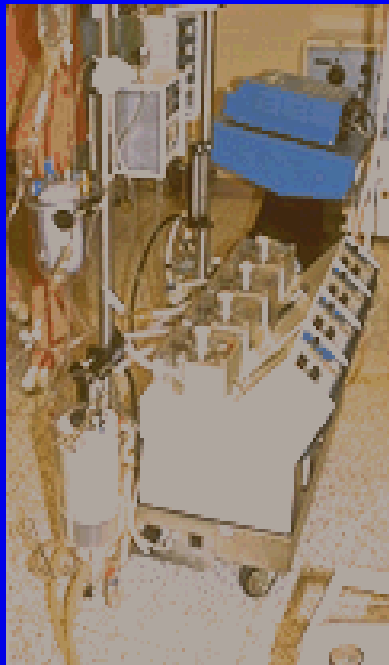






# The Insult of Cardiopulmonary Bypass

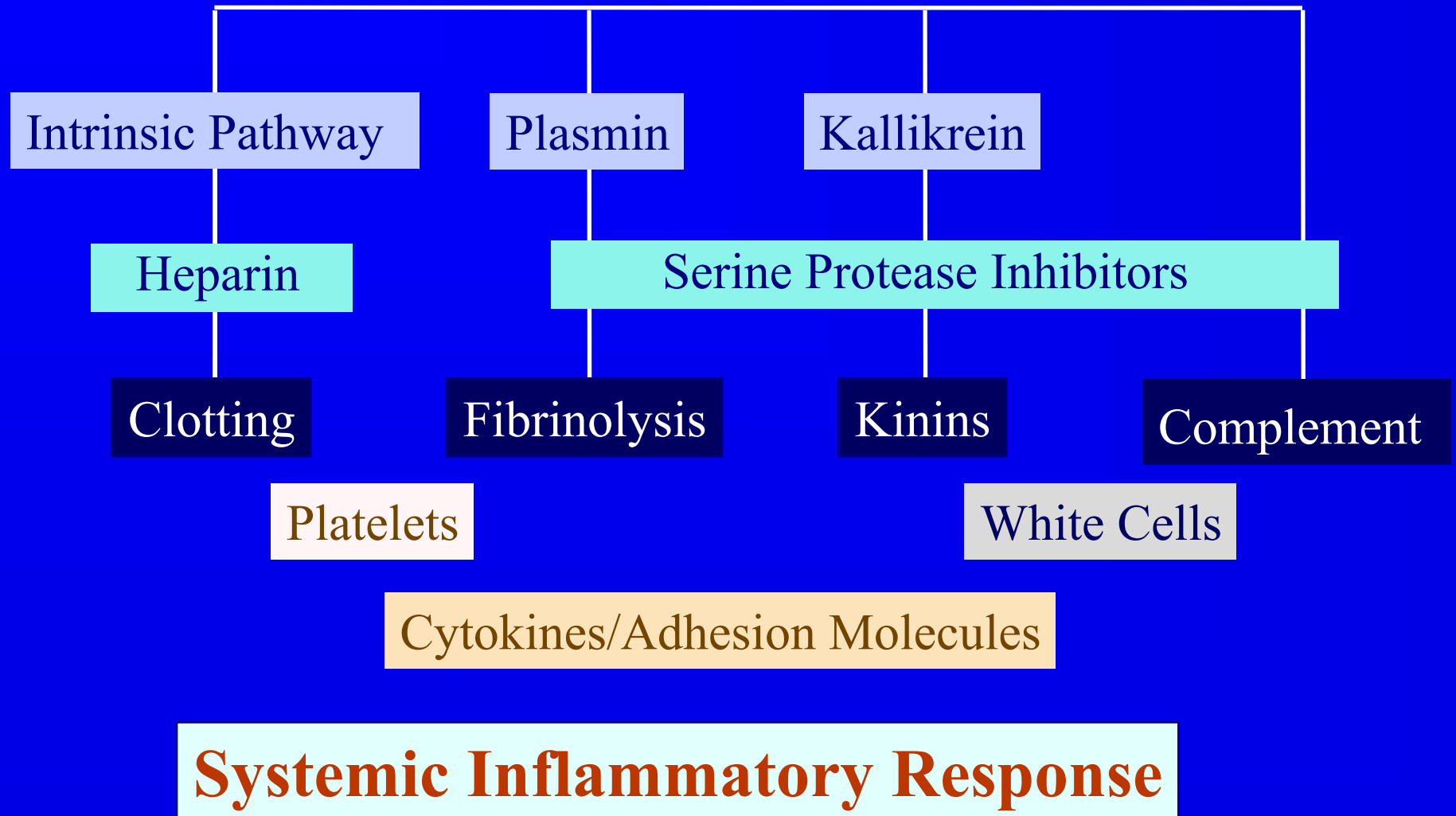
Contact of Blood with the Foreign Surface of the Bypass Circuit May Activate:



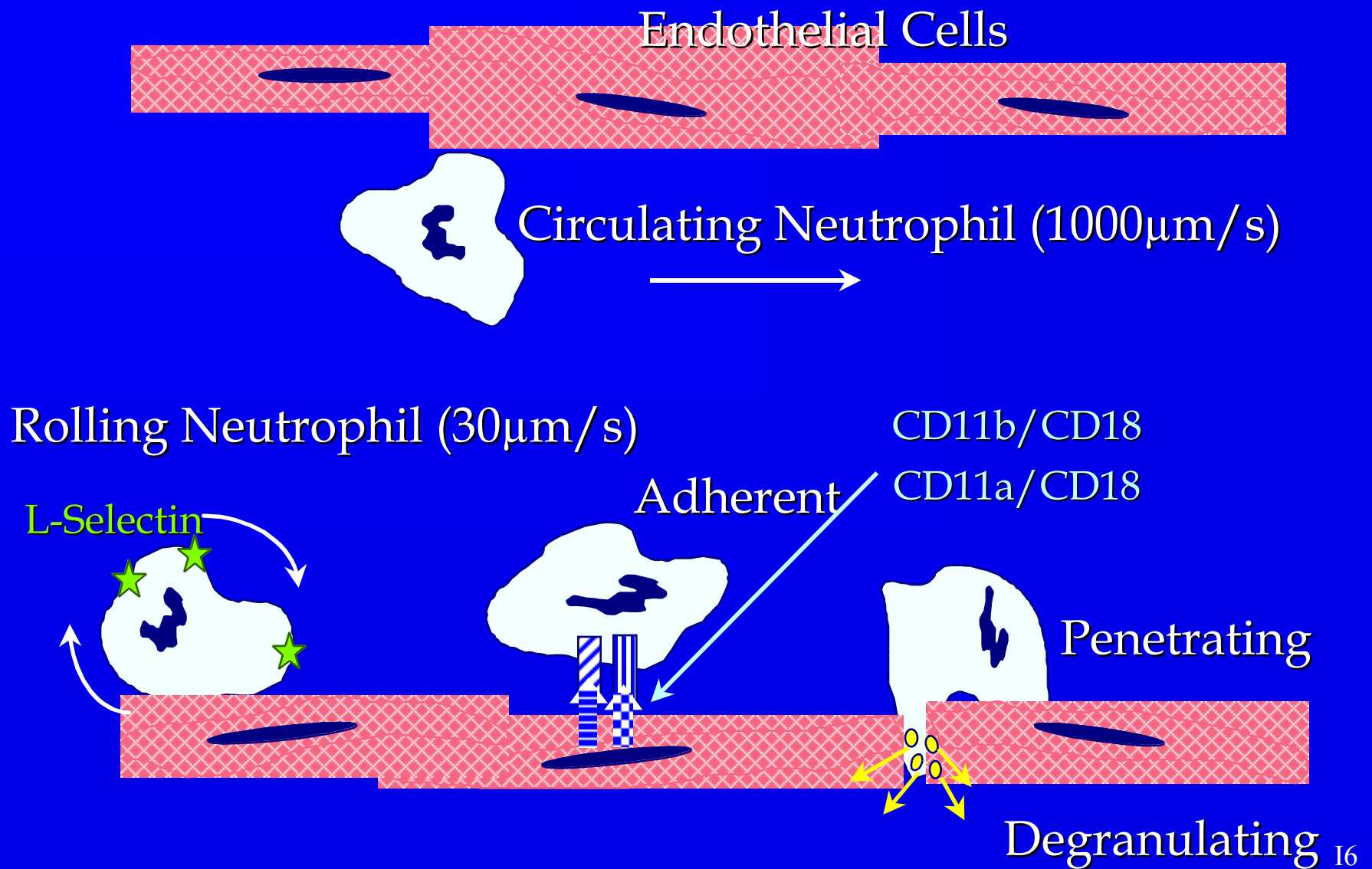
- White cells and platelets
- Complement System
- Coagulation System
- Kinin Generation
- Fibrinolytic System

# Contact Activation of Blood Proteins

## Blood/Surface Interaction



# Neutrophil Adhesion Processes



# Systemic Inflammatory Response to CPB

- The systemic response to bypass is a result of the interrelated activation of:
  - Hemostasis
  - Fibrinolysis
  - Cellular and humoral inflammatory systems
- Aprotinin's action to inhibit serine proteases (e.g., kallikrein, plasmin) attenuates:
  - Inflammatory responses
  - Fibrinolysis
  - Thrombin generation

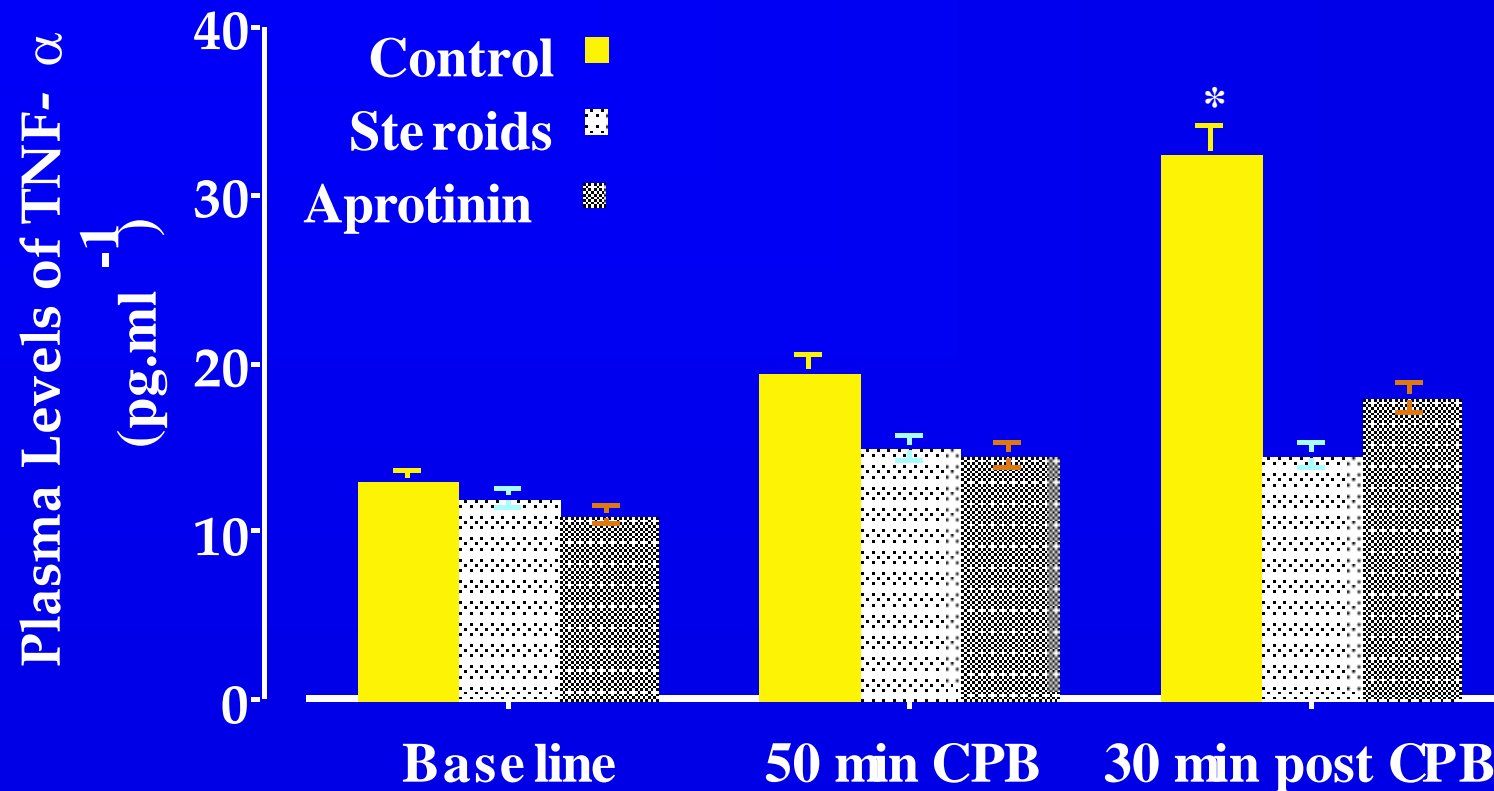
# Anti-inflammatory Action of Aprotinin

Aprotinin inhibits pro-inflammatory cytokine release and maintains glycoprotein homeostasis

- Platelets - reduces glycoprotein loss (e.g., GpIb, GpIIb/IIIa)
- Granulocytes - prevents the expression of pro-inflammatory adhesive glycoproteins (e.g., CD11b)

# Antiinflammatory Actions of Aprotinin

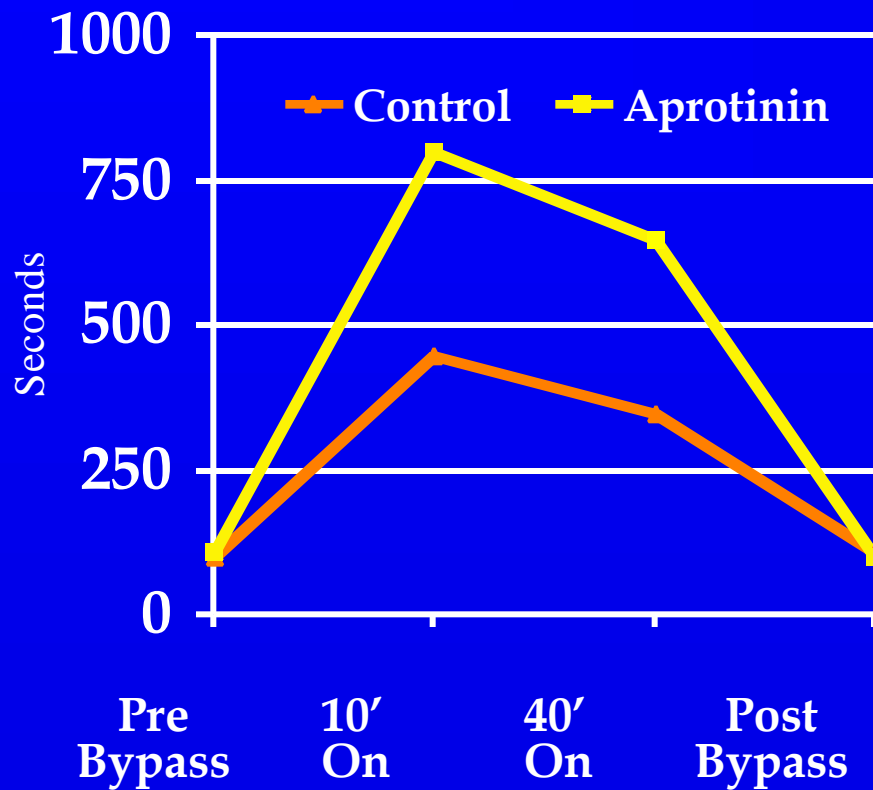
## Suppression of ProInflammatory Cytokine Release



Hill et al J Thorac Cardiovasc Surg 1995;110:1658-62

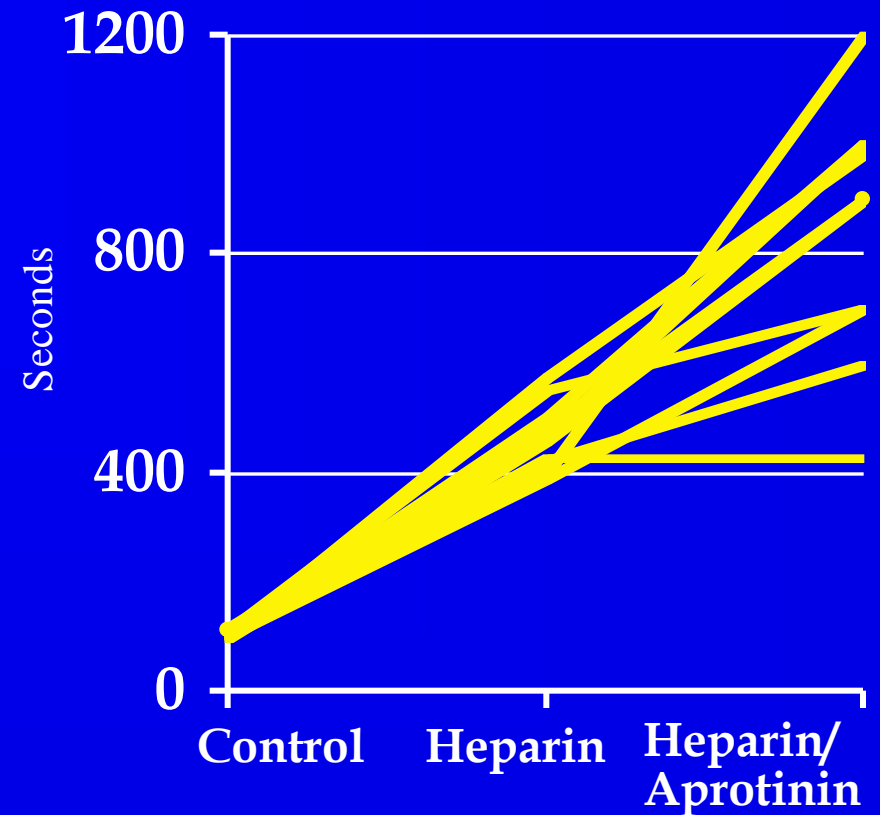
# The ACT and Aprotinin

## *In vivo* Action



Royston D  
J Cardiothorac Anesth 1989;3:80

## *In vitro* Action



Royston D  
In: Pifarre R, ed. 1993



# Monitoring Anticoagulation With Aprotinin

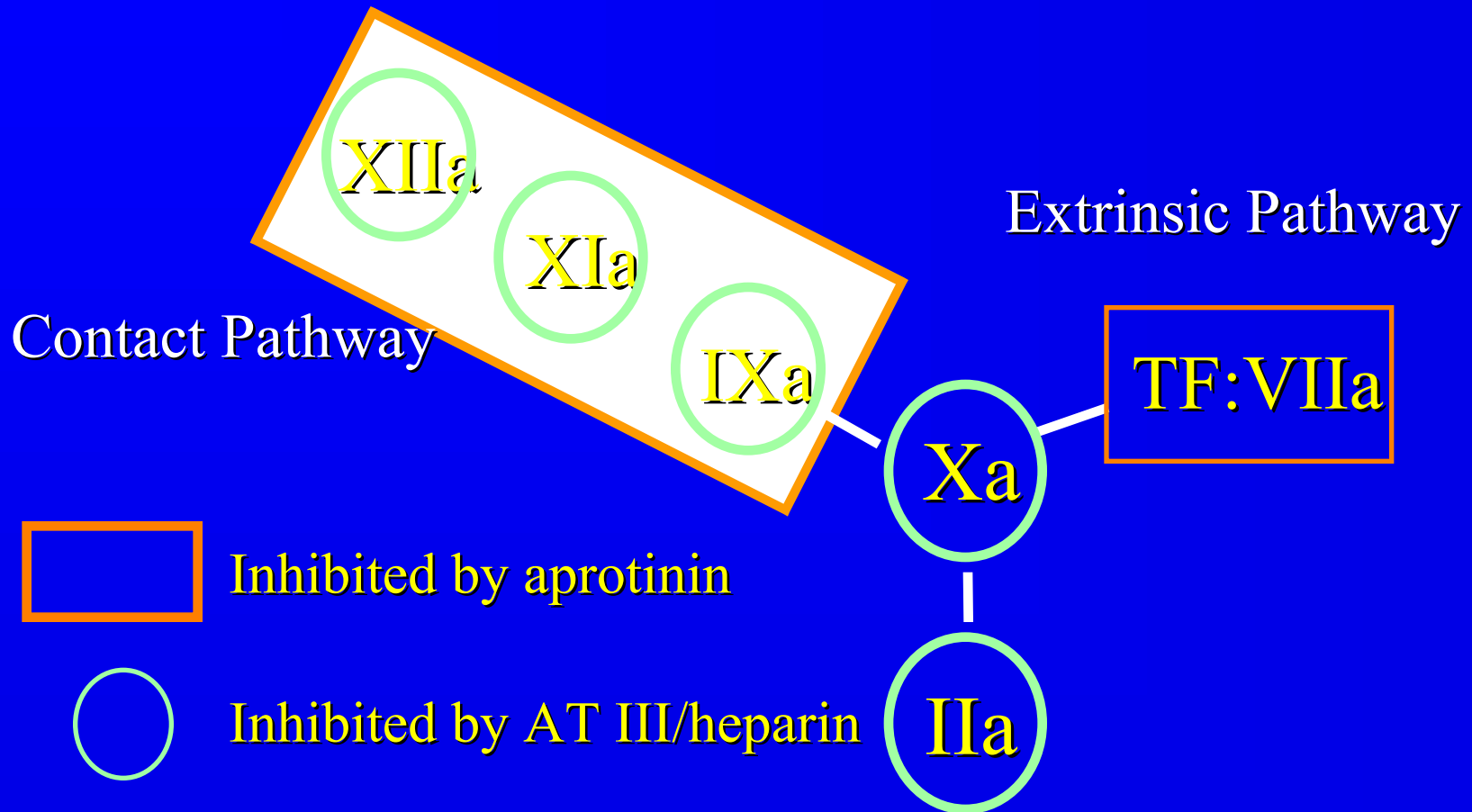
- Maintain celite-based ACT values at 750 seconds  
OR
- Maintain kaolin-based ACT values at 480 seconds  
OR
- Give additional heparin in a fixed-dosage regimen  
OR
- Use heparin/protamine titration, a monitoring test that does not rely on contact activation

# DHCA and Heparinization Management

Appropriate heparinization schedules must be used to ensure anticoagulation throughout the bypass procedure

- Activated clotting time (ACT) should be maintained at more than 1000 seconds during the procedure
- To achieve this may require a larger loading dose of heparin and an additional bolus of heparin prior to initiation of circulatory arrest

# Aprotinin and Heparin Inhibition



# Coagulation Monitoring With Aprotinin

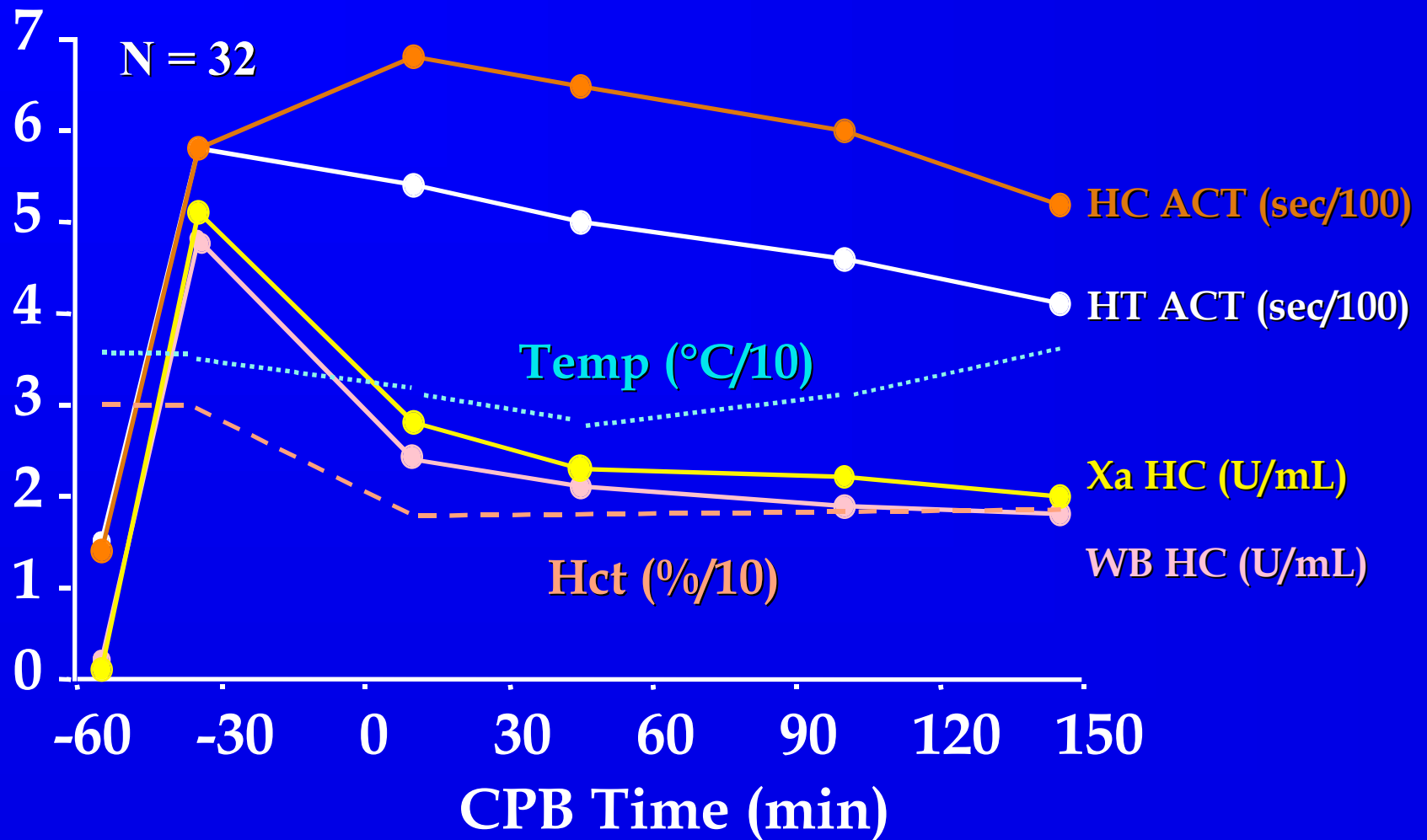
Activated Clotting Time (ACT)

- Celite 750 seconds
- Kaolin 480 seconds

Independent of the effects of  
hemodilution and/or hypothermia  
(Difficult to quantify during CPB)

Trasylol Prescribing Information, Bayer Corporation

# Limitations of ACT in Heparin Monitoring



Despotis et al J Thorac Cardiovasc Surg 1994;108:1076-82

# Coagulation Monitoring With Aprotinin

## Fixed Heparin Dosing

- Loading dose + pump prime = at least 350 IU/kg
- Additional heparin should be given based on:
  - \_ Patient weight
  - \_ Length of CPB
- Heparin elimination
  - \_ e.g. 1/3 initial dose in U/kg every 45 min

# Coagulation Monitoring With Aprotinin

## Heparin-Protamine Titration

- A heparin dose response, assessed by protamine titration, should be performed prior to aprotinin administration to determine heparin loading dose
- Maintain heparin levels during CPB at least above 2.7U/mL
- Maintenance of patient-specific pre-CPB reference (whole blood heparin concentration associated with kaolin ACT of approximately 480 seconds)

# Coagulation Monitoring With Aprotinin

## Heparin Reversal With Protamine

- Amount of protamine administered based on the amount of heparin given (e.g. 0.5-0.7 mg protamine:mg total heparin\*), not the ACT value

\* Despotis et al J Thorac Cardiovasc Surg 1995;110:46-54  
Trasylol Prescribing Information, Bayer Corporation



# Aprotinin

## Risk/Benefit Issues

- Hypersensitivity
- Mortality
- Myocardial Infarction
- Graft Patency
- Use with Hypothermic Circulatory Arrest
- Renal Function
- Stroke
- Miscellaneous Adverse Events

# Incidence of Hypersensitivity Reactions

Including mild skin rash, bronchospasm,  
and anaphylaxis

## Incidence

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No prior exposure \*  
<0.1%

Reexposure within six months \*\*  
5.0%

Reexposure after six months \*\*  
0.9%

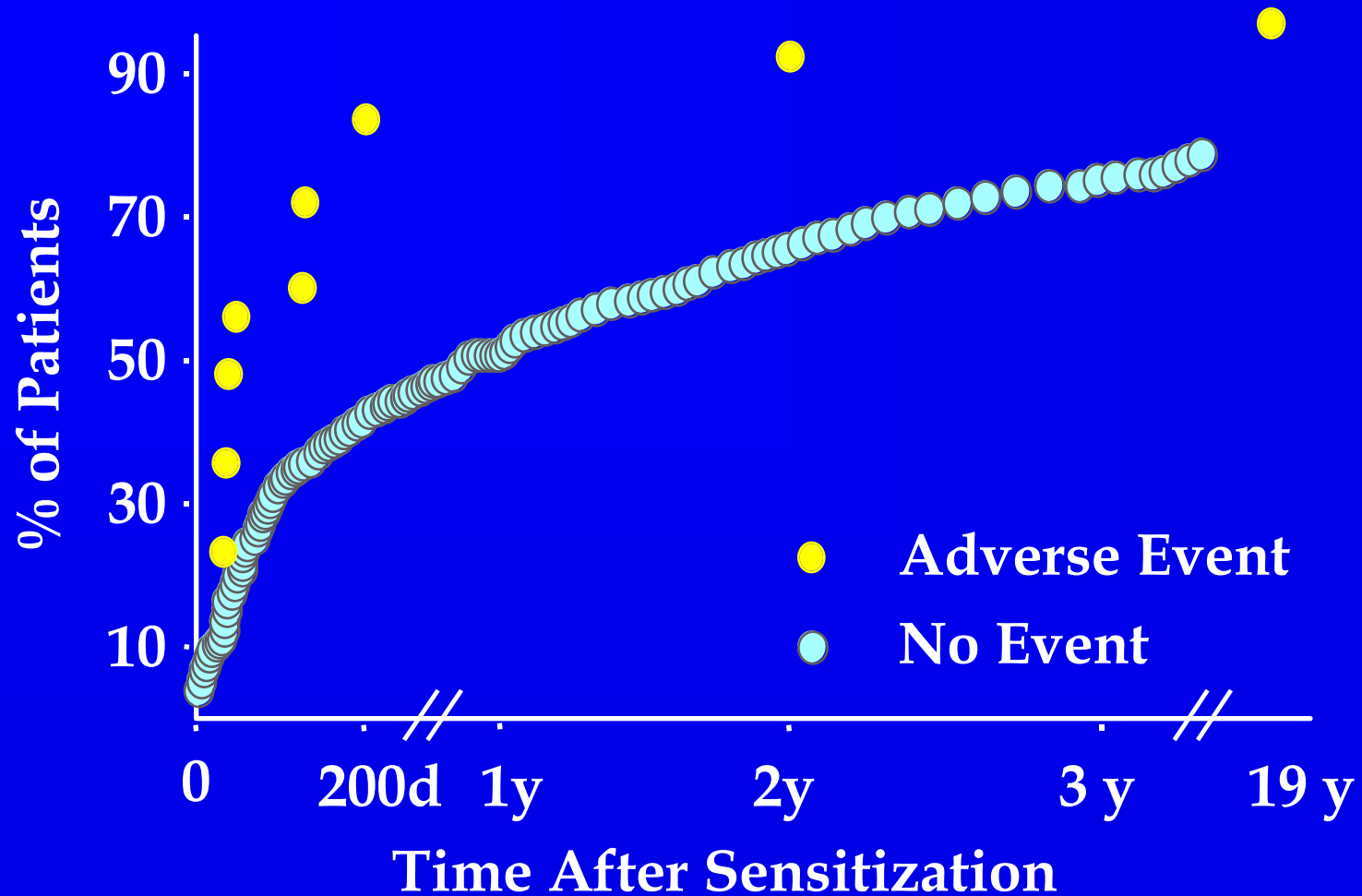
\* Bayer Corporation, Data on File

\*\* Dietrich et al Ann Thorac Surg 1998;65:S60-4

# Epidemiology of Serious Hypersensitivity Reactions

- Treated patients > 3000
- Known prior exposure ~ 200
- Major hypersensitivity 1

# Hypersensitivity Reactions to Aprotinin



Dietrich et al J Ann Thorac Surg 1998;65:S60-64

# Testing for Hypersensitivity

- All patients should first receive a test dose of Trasylol to assess the potential for allergic reactions
- The 1 mL test dose should be administered intravenously at least 10 minutes before the loading dose
- Even after the uneventful administration of the test dose, the full therapeutic dose may cause anaphylaxis
- If this happens, the infusion should be stopped immediately and emergency treatment for anaphylaxis should be applied

# Management Recommendations

## Patients With Prior Exposure

- Have standard emergency treatments for hypersensitivity or anaphylactic reactions readily available in the operating room
- Administration of the test dose and loading dose should only be done when the conditions for rapid cannulation (if necessary) are present
- Delay the addition of Trasylol® into the pump-prime solution until after the loading dose has been safely administered
- Additionally, administration of H<sub>1</sub> and H<sub>2</sub> blockers 15 minutes before the test dose may be considered

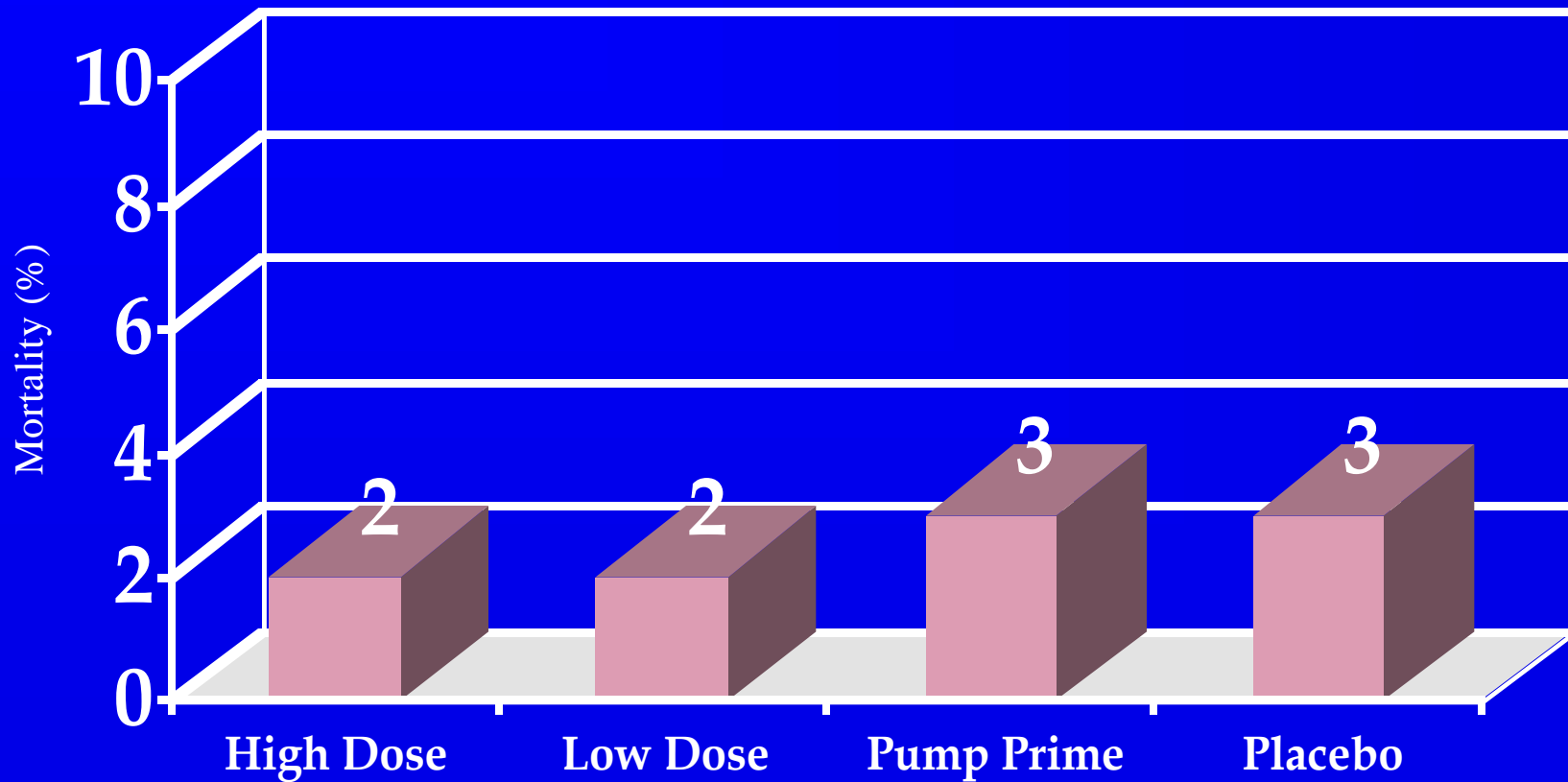
Trasylol® Prescribing Information, Bayer Corporation

# Aprotinin-Drug Interactions

- Blocks the anti-hypertensive action of Captopril
- Inhibits action of thrombolytic agents *in vitro* and in animal studies
- Interferes with assays used to assess adequate heparinization during CPB

# Mortality Rates

## Primary CABG Surgery



Lemmer et al Ann Thorac Surg 1996;62:1659-68



# Diagnosis of Myocardial Infarction

Based on Evaluation by a Blinded Core Laboratory

- Electrocardiogram
- Creatine kinase and CK-MB
- SGOT
- Lactic dehydrogenase

# Definition of Myocardial Infarction

## Definite MI

- Defined by a definite new Q wave on the EKG, or CK-MB levels >120 U/L at 6, 12, and 18 h postop

## Definite or Probable MI

- Based on any or all of the information, including but not limited to enzyme values

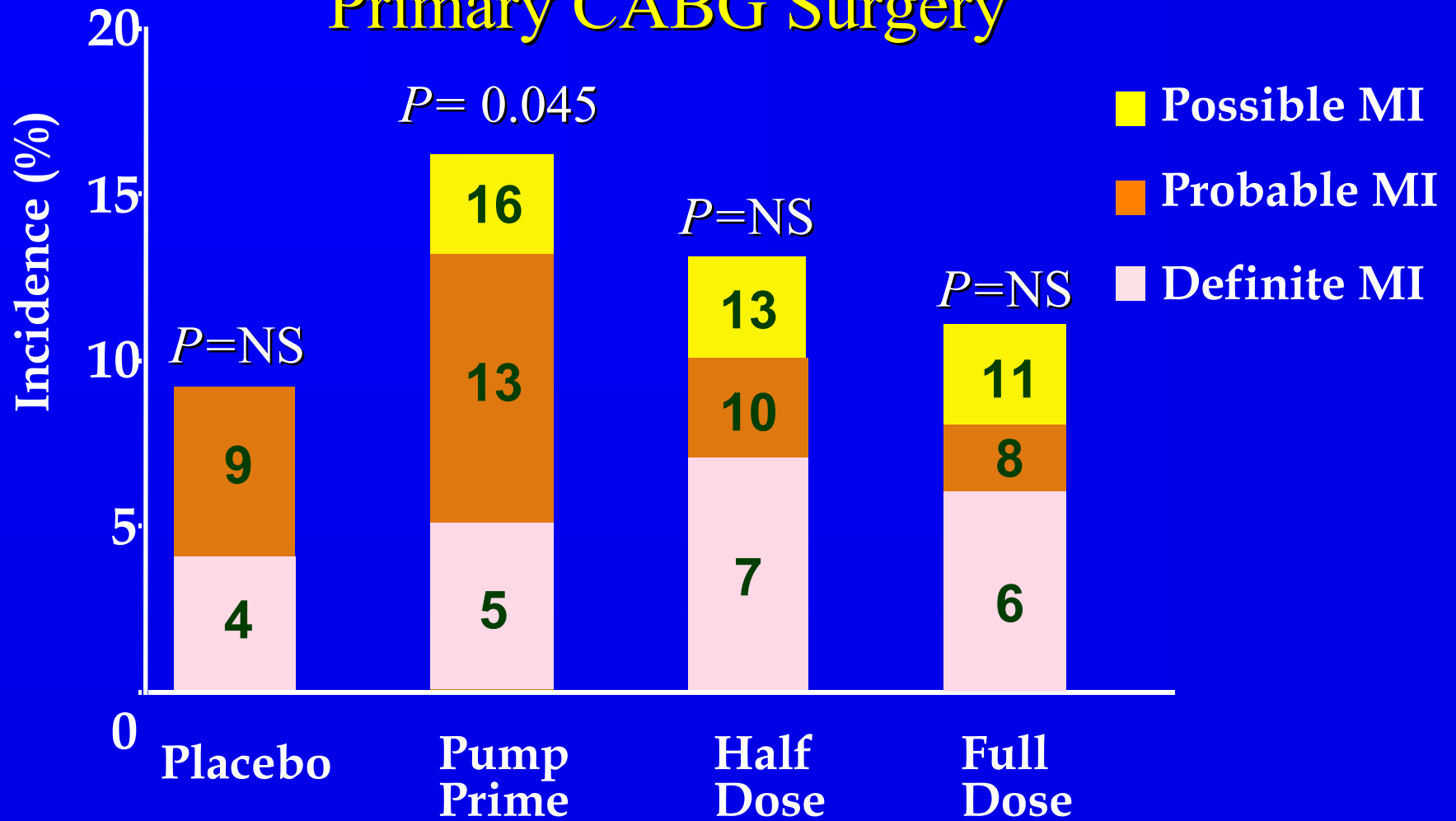
## Definite, Probable, or Possible MI

- Based on any and all information

## No MI

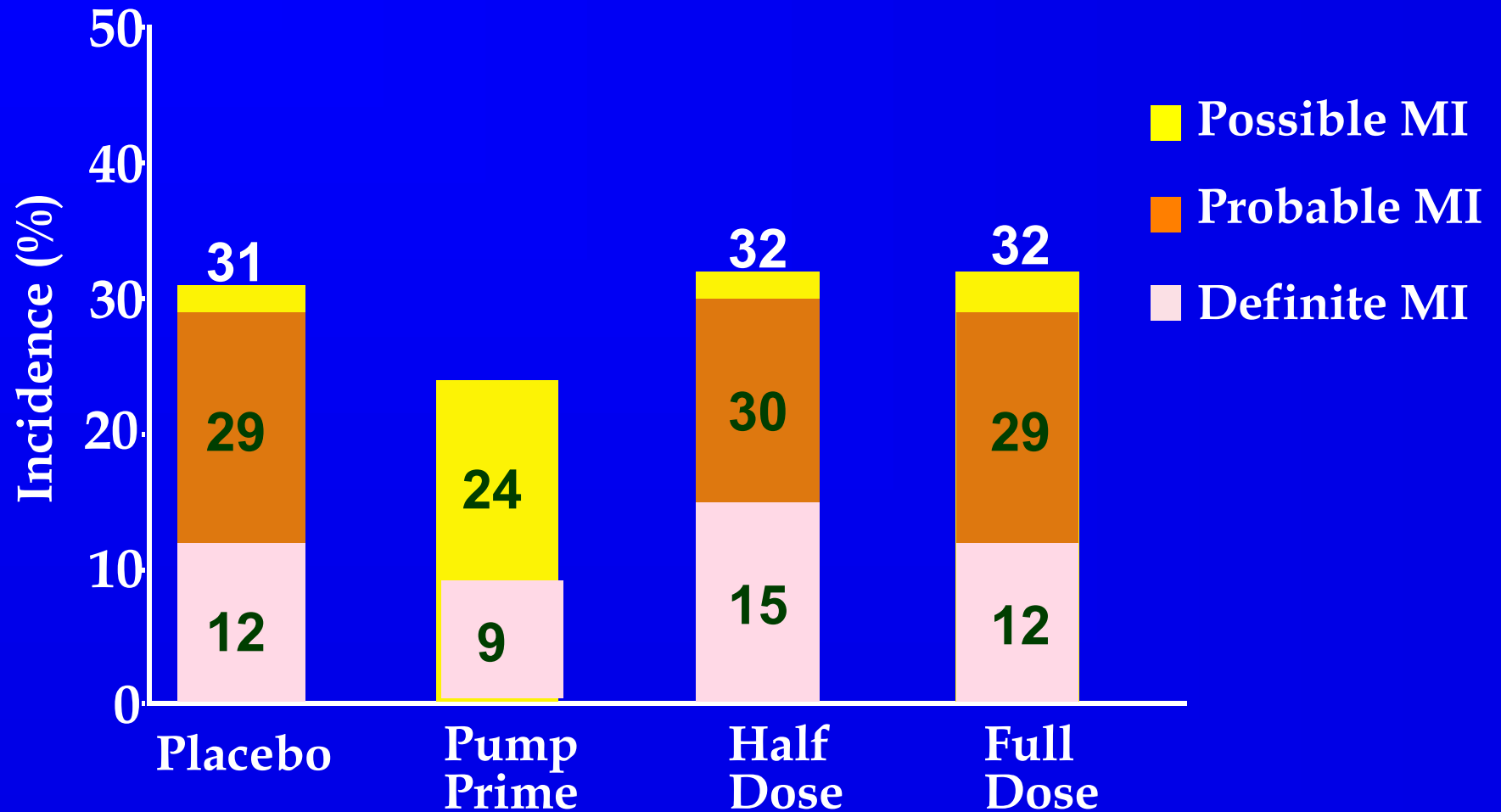
# Incidence of Myocardial Infarction

## Primary CABG Surgery



Lemmer et al Ann Thorac Surg 1996;62:1659-68

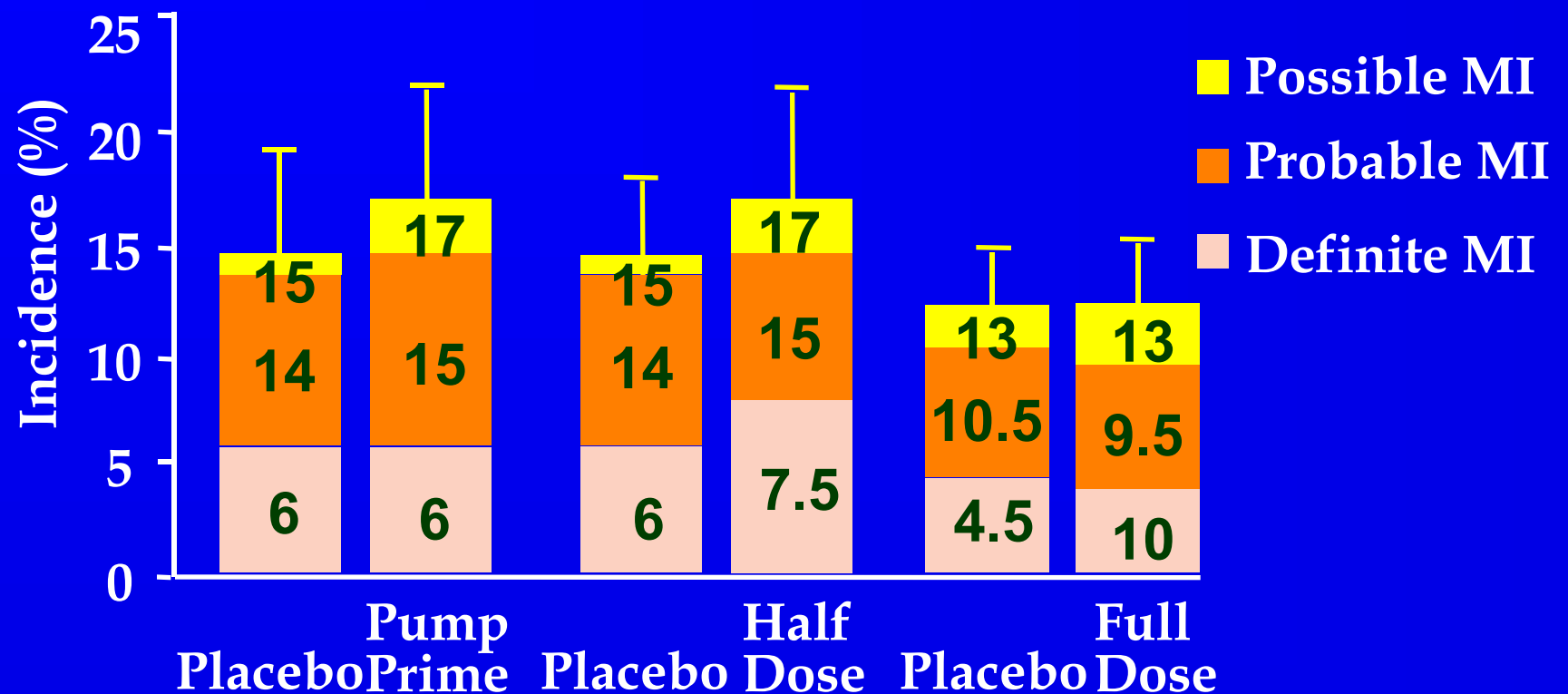
# Incidence of Myocardial Infarction Repeat CABG Surgery



Levy et al Circulation 1995;92:2236-44

# Incidence of Myocardial Infarction

## Effect of Aprotinin Dosing Regimens



Smith PK and Muhlbaier LH Ann Thorac Surg 1996;62:1575-7

# Graft Patency Rates

Analysis by Graft	Placebo		Aprotinin	
	Occluded	Total	Occluded	Total
Bidstrup 1993 MRI	4	138	5	131
Havel 1994 Angio	2	40	2	39
Lemmer 1994 CT	8	163	14	176
Kalangos 1994 Angio	1	139	2	142
Lass 1995 Angio	13	102	13	124

# Mortality Rates

Randomized Placebo Controlled Trials (2512 patients)

		High Dose (%)	Low Dose (%)	Placebo (%)
Cosgrove	1992	7	9	7
Lemmer	1994	6	-	4
Murkin	1994	6	-	0
Levy	1995	7	11	7
D'Ambra	1996	4	3	0
Lemmer	1996	2	2	3
Alderman	1998	1	-	2

# Factors Affecting Graft Patency

## Quality of Artery

- If  $> 2\text{mm}$  = occlusions in 17.6%
- If  $< 2\text{mm}$  = occlusions in 42.3%

## Technique of Anastomosis of Distal End

- Single anastomosis failure in 9.2%
- Sequential anastomosis failure in 4.3%

## Surgical Center

- Failure rate between centers showed a range of 7.1% to 57.1%

Refers to valve replacement (All NDA studies summarized-these data in Product Information)

Ollivier Arch Mal Cœur 1991;84:537-42



# US Multicenter Vein Graft-Occlusion Study

Primary CABG Surgery

164 Patients at 5 Centers Evaluated by Ultrafast CT Scans

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	Aprotinin	Placebo <i>P</i>
By Patient	13/83 15.7% NS	7/81 8.6%
By Graft	14/176 8.0% NS	8/163 4.9%

---

# US Multicenter Vein Graft-Occlusion Study

## Single-Center Analysis

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	Aprotinin	Placebo
Occluded grafts	5/43 (11.6%)	0/38 (0%)
Poor target vessel	8/43	0/38

---

No differences between treatment groups in the incidence of perioperative MI assessed by enzymes or electrophysiology

# US Multicenter Vein Graft-Occlusion Study

	All	1 Center	4
Centers			
<b>By Patient</b>			
Aprotinin (11.8%)	13/83	5/16	8/67
Placebo (10.8%)	7/81	0/16	7/65
<b>By Graft</b>			
Aprotinin (6.8%)	14/176	5/43	9/133
Placebo (6.4%)	8/163	0/38	8/125

Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-53  
 Laub et al Chest 1994, 106: 1370-75

# International Multicenter Aprotinin Graft Patency Experience (IMAGE)

## Study Sites

- 10 US; 2 Israel; 1 Denmark

## Patient Population

- 870 primary CABG patients randomized to receive placebo or full-dose aprotinin

## Study Evaluations

- Graft patency
- Incidence of myocardial infarction
- Mortality
- Blood loss and transfusion requirements

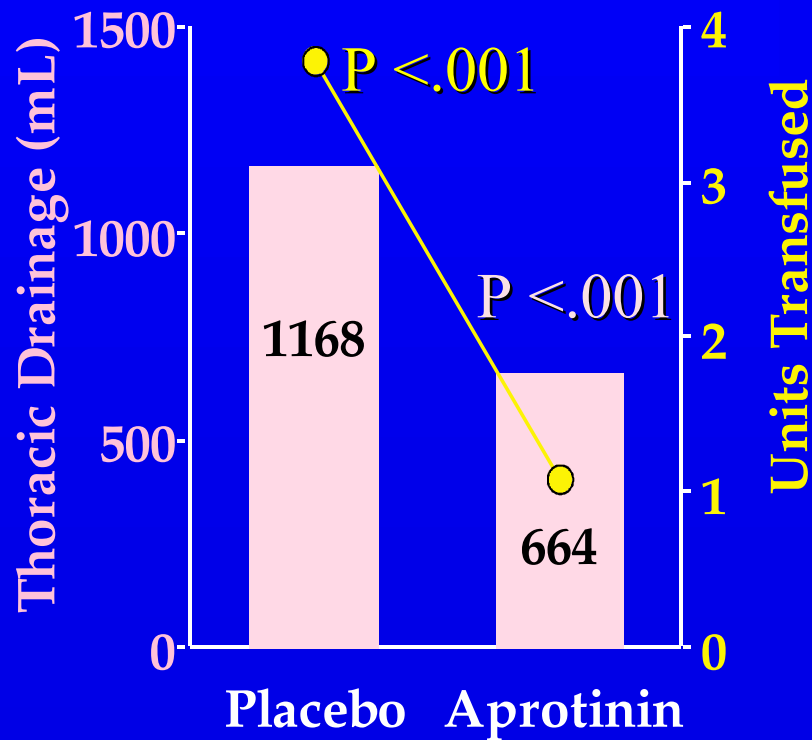
# IMAGE

- 796 (91%) Patients assessable for blood loss/usage
- 703 (81%) Patients assessable by angiography for saphenous vein-graft patency (at mean of 10.8 days postop)
- 831 (95%) Patients assessable for MI by ECG and cardiac enzyme evaluation

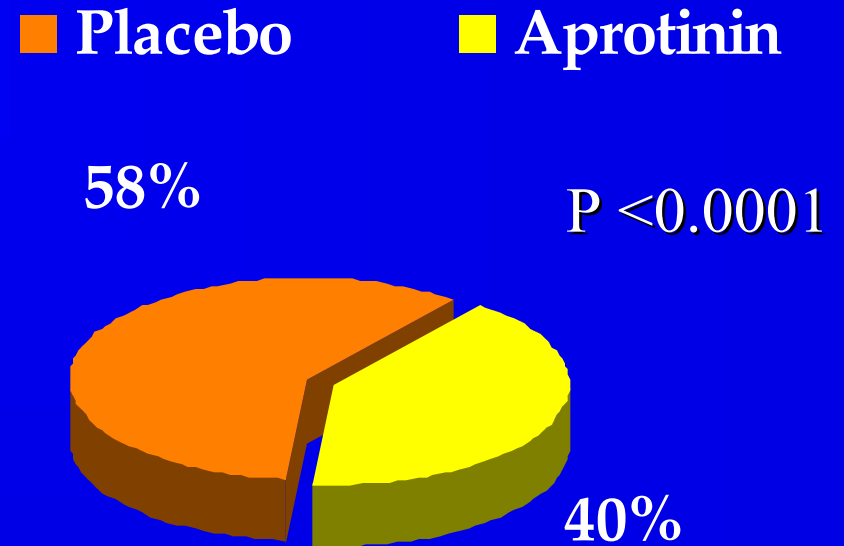
# IMAGE Study

## Blood Loss and Blood Product Replacement

Drainage and Transfusion



Patients Requiring Any Blood Product



Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

# IMAGE Study

## Internal Thoracic Artery Graft Occlusion

	Aprotinin	No Aprotinin	<i>P</i> Value
Patients Assessed	326	304	
% with Occluded Grafts	1.8	1.00	.32

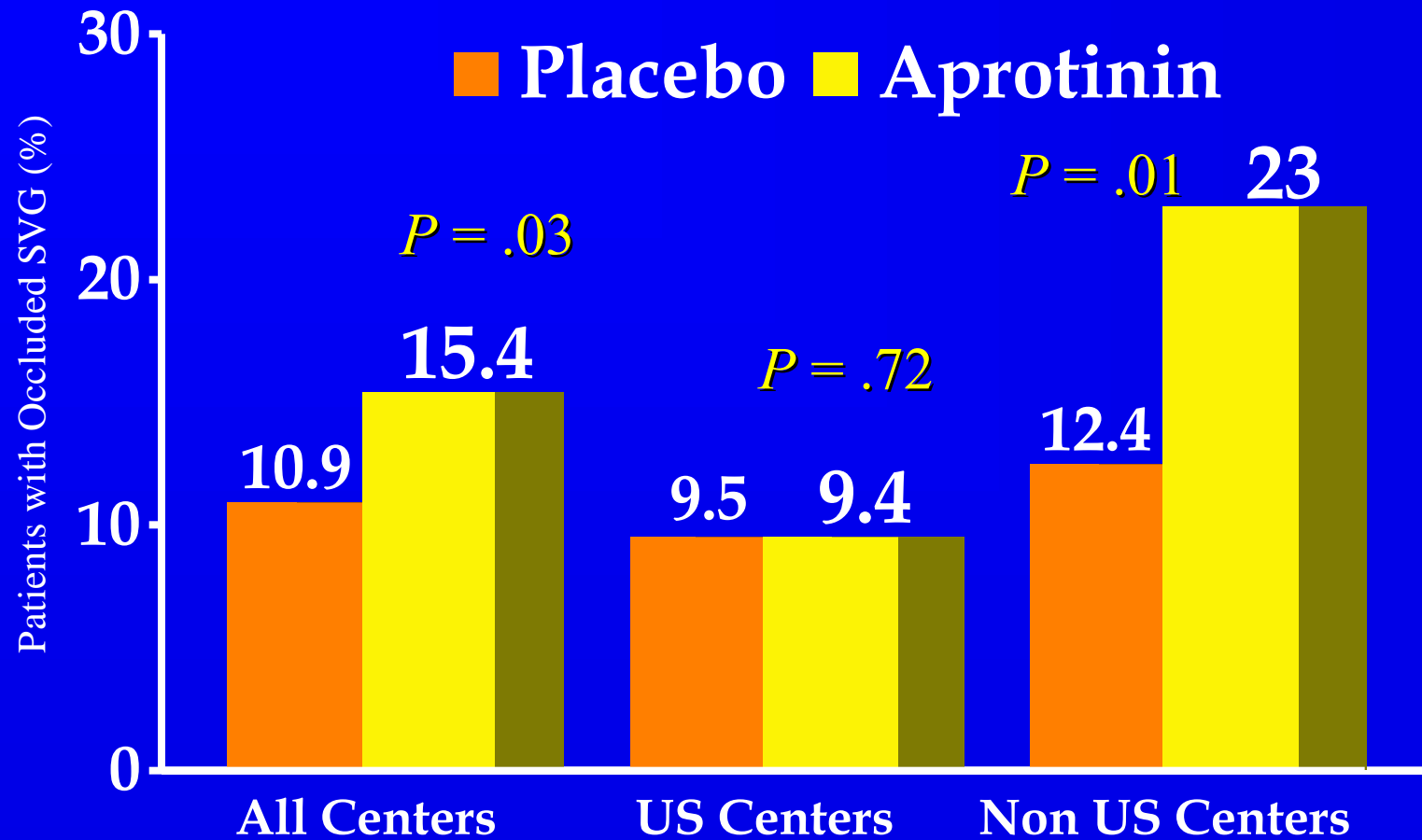
# IMAGE Study

## Saphenous Vein Graft Occlusion and Clinical Events

	Overall Vein Graft Closure Rates		Incidence of MI	Incidence of Death
	All Centers (n = 703) %	US Centers (n = 381) %	All Centers (n = 703) %	All Centers (n = 703) %
Aprotinin	15.4	9.4	2.9	1.4
Placebo	10.9	9.5	3.8	1.6



# IMAGE Study



Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

# IMAGE Study

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Adverse Outcome	Placebo	Aprotinin
Death	1.6% (6/434)	1.4% (5/436)
Myocardial Infarction		
Definite	3.8% (16/421)	2.9% (12/410)
Def+probable	9.1% (38/418)	8.6% (35/407)
Def+prob+possible	12.0% (50/418)	12.3% (50/408)

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# IMAGE Study

## Occluded SVG and Myocardial Infarction

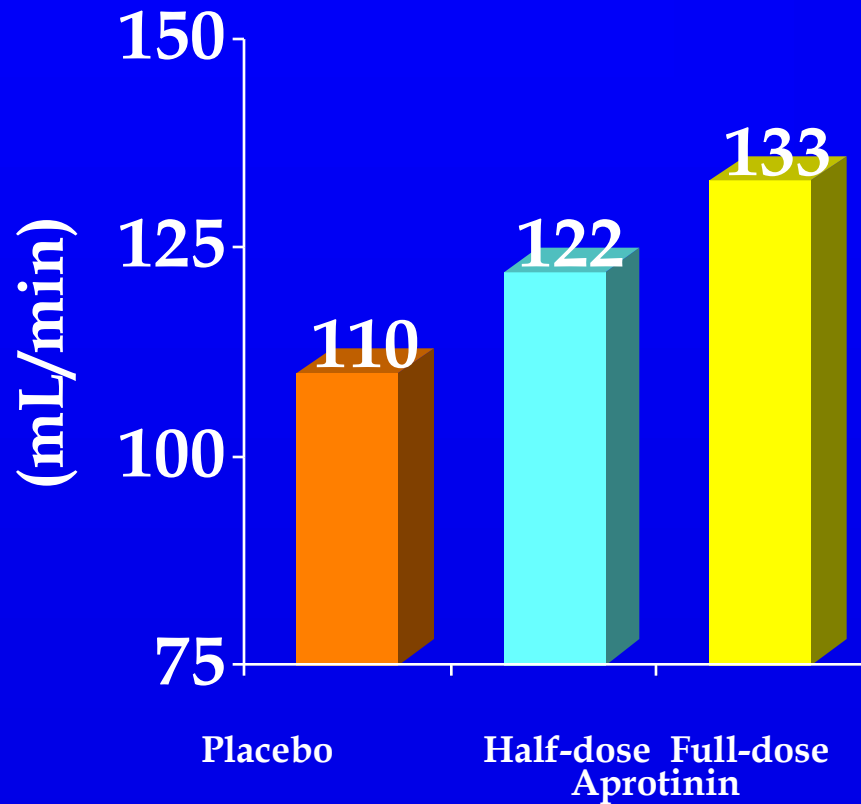
	Placebo	Aprotinin
Angio + MI assessment	328	340
Occluded SVG	11% (36/328)	16% (54/340)
Occluded SVG + MI	31% (11/36)	20% (11/54)

# Aprotinin Effects on Renal Function

- Transient and reversible effects
- May relate to:
  - > Accumulation of drug in renal brush border
  - > Inhibition of serine proteases associated with renal function
    - ◆ kallikrein
    - ◆ renin
  - > Interaction with drug therapies
    - ◆ angiotensin-converting enzyme inhibitors

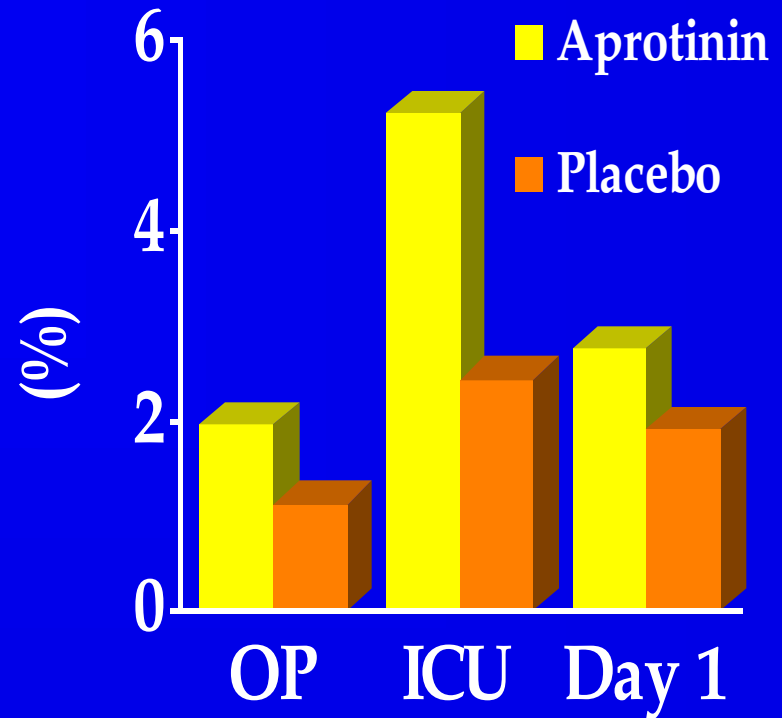
# Renal Function

## Creatinine Clearance



Cosgrove et al  
Ann Thorac Surg 1992;54:1031

## Fractional Na<sup>+</sup> Excretion



Blauhut et al  
J Thorac Cardiovasc Surg 1991;101:958

# Renal Dysfunction

## Peak Increase in Serum Creatinine (mg/dL)

Value	Aprotinin n = 108	Placebo n = 108	<i>P</i>
➤ _ 0.5 - <1.0 mg/dL	13	9	0.37
➤ _ 1.0 - < 1.5 mg/dL	3	2	1.00
➤ _ 1.5 - < 2.0 mg/dL	1	2	1.00
➤ _ 2.0 mg/dL	3	0	0.25
Total	20	13	0.19
Dialysis	1	1	1.00

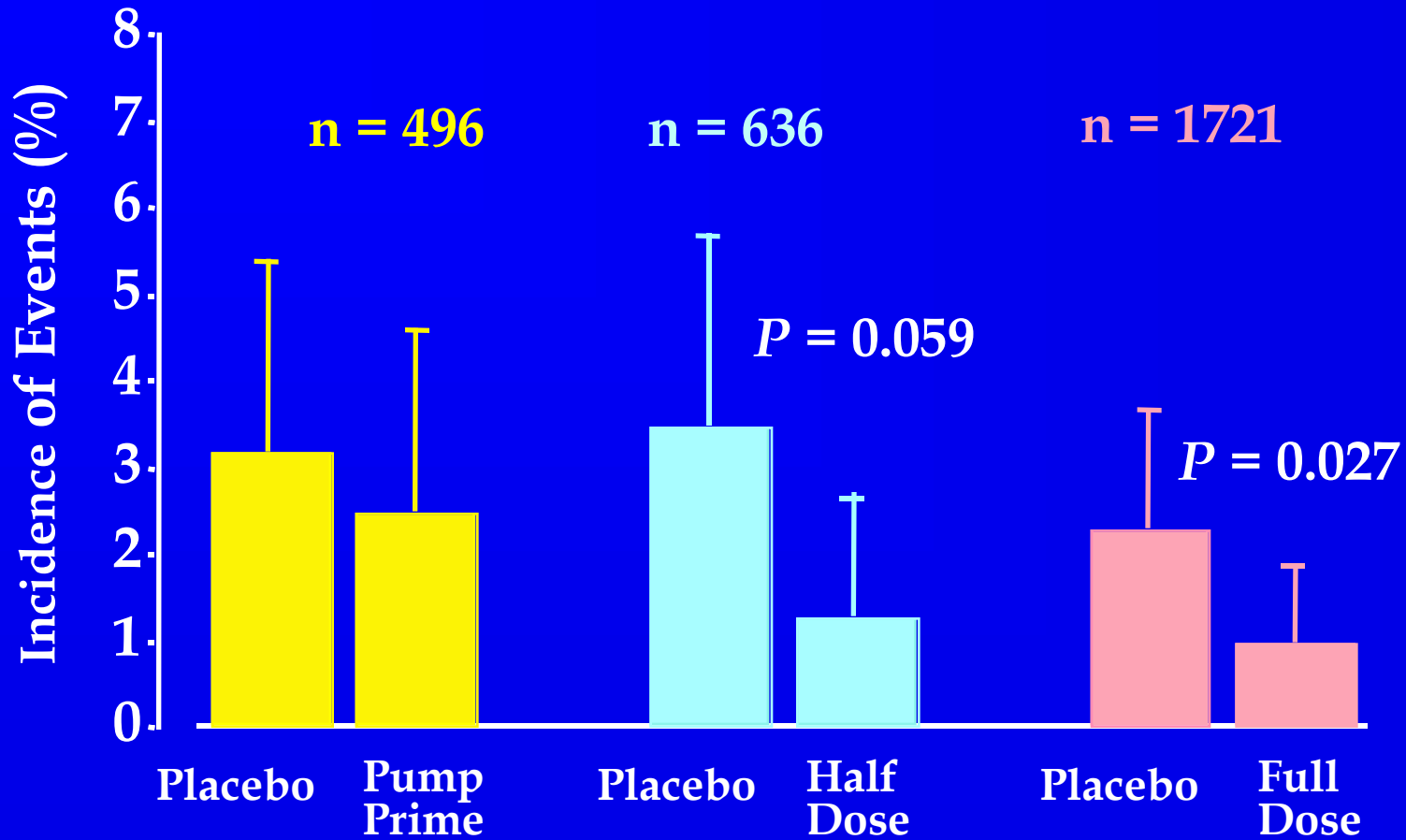
# Renal Dysfunction

Postoperative Mean Serum Creatinine Level (mg/dL)

Treatment Follow-up Group Visit	Preop	Intensive Care Unit	Postoperative Day				
			1	2	3	4	7
Aprotinin 1.06	1.15	0.94	1.16	1.21	1.24	1.30	1.28*
Placebo	1.16 1.07	0.99	1.18	1.13	1.09	1.09	1.10

\*  $P = 0.047$

# Cerebrovascular Accident



Smith PK and Muhlbaier LH. Ann Thorac Surg 1996;62:1575-7



# Neurologic Deficit (Stroke)

## Incidence of Stroke Events in Repeat CABG Surgery

		%	Number of Patients
Placebo		7	5 / 72
Aprotinin	Pump Prime	1	1 / 72
	Low Dose	0	0 / 70
	High Dose	0	0 / 73

$P = 0.01$

# Adverse Events

EVENT	Percentage of Patients Treated With Aprotinin n = 2002	Percentage of Patients Treated With Placebo n = 1084
Thrombosis	1.0	0.6
Shock	0.7	0.4
<b>Cerebrovascular accident</b>	<b>0.7</b>	<b>2.1</b>
Thrombophlebitis	0.2	0.5
Lung edema	1.3	1.5
Pulmonary embolus	0.3	0.6
Kidney failure	1.0	0.6
Acute kidney failure	0.5	0.6
Kidney tubular necrosis	0.8	0.4

Data from Trasylo<sup>®</sup> Package Insert